tlanta Woman's Club Member, Georgia Federation of Women's Clubs (GFWC)

Member, Georgia Federation of Women's Clubs (GFWC) General Federation of Women's Clubs (GFWC)

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February 2023 Issue

The month of Love. The definition of love is an intense feeling of deep affection and a great interest and pleasure in something. I hope that you have found the deep affection or interest. I love to read which started in the first grade when the Book Mobile came to my school. In the summers it would come to the shopping center close to my home. Library online books has opened a whole new world to me.

February is American Heart Month, a time when we can focus on our heart health. Since 1963, February has been celebrated as a way to educate Americans to join the battle against heart disease. We will be making awareness of this at our February meeting by members wearing Red.

February draws us closer to Spring with it only having 28 days. Roses are pruned in February, and I learned to remember to prune on Valentine's Day. Before we know it we will be back to MLK to the International Peace Rose Garden, snipping the beautiful roses we help maintain.

February 14th is a day celebrated by many with kisses, cards, and flowers. Another memory of our childhoods of passing out cards to classmates in school. I always loved the ones that someone had used their artistic skills or desires to make. You can create and send some this year. I bet the recipient will love it!

Not all have love in their lives. We have exploited people that have been sold and used for sex slavery. Domestic violence, abuse, and neglect from those that should love us. Remember these people and show love. Youth Spark kids will be a recipient of our love with candies and cookies on Valentine's.

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I've touched on some of the reasons we have our CSP projects. Arts, Education and Libraries, Health and Wellness, Civic Engagement, and Environment.

"Love isn't something you find. Love is something that finds you."

Connie Morris, AWC President 2022-2024



VERY IMPORTANT: The absolute deadline for renewing your membership for 2023 is February 15th. On February 16th you will be dropped from Membership and have to start the application process from the beginning to be reinstated. This must be completed by February 15th, 2023. Please consider doing this as early as possible. To pay your dues of \$65, go to January Events and you will see "Pay AWC Dues for 2023" on January 6th. Dues can be paid online or they can be mailed to The Wimbish House, 1150 Peachtree St NE, Atlanta, GA 30309 Attn: Shena Crawford Assistant Treasurer.

Here's the Conflict of Interest Policy. Please read. (Hold Ctrl and click link to open) <u>https://mcusercontent.com/90f272ec1547c0e8bbbd1f932/files/5122b869-37ac-c108-37fd-ec6f9e3eab75/Membership_AWC_Conflict_of_Interest_Policy.pdf</u>

Here's the Conflict of Interest Form. Please complete and send to Peggy Pruett at peggy.pruett@mindspring.com. (Hold Ctrl and click link to open) <u>https://mcusercontent.com/90f272ec1547c0e8bbbd1f932/files/237e2c33-dc65-5c92-3766-843731b24a58/AWC Membership Conflict of Interest Form.pdf</u>

NEW MEMBERS ACCEPTED IN JANUARY

PLEASE welcome our new members and involve them in your plans and activities.

KAREN LUDWIG



Karen Ludwig is sponsored by Wendy Venet and endorsed by Peggy Pruett and Jo Dee Gonzalez. All CSP's feel free to invite her to be part of your programs. Her email

is Ludwig_karen@bellsouth.net. She has expressed interest in helping with special projects.

Greetings, I am a retried marketing executive that provided conceptualization, development, and implementation of marketing solutions as a client services professional. I have served a variety of Fortune 500 clients across multiple industries including automotive, tech, telecom and financial.

I've applied my professional skills to various volunteer efforts. I have been a member of AAUW (formerly known as American Association of University Women) since 2012. I recently assumed a lead role in managing online sales for Atlanta Bookfair, which is the primary fund-raising activity for the AAUW Atlanta Branch. As a long time animal lover and adoptive pet mom of many rescues in 2022, I became a Dogs on Deployment Boarder, who vol-

unteered boarding services for members of our military who are unable to care for their pets during a deployment assignment. I am currently caring for a very energetic mini-American Shephard puppy while his military parent is on assignment.

I hold a Bachelor of Fine Arts from Michigan State University, graduating with honors. I've also attended many professional seminars and workshops pertinent to my professional career over the years. I am not enjoying exploring various non work related subjects available on One Day

MEMBERSHIP CONT'D

University and Coursera, a couple of online resources I was happy to discover during 2020 that I use as continuing education options.

Skills I can bring to the club include Marketing Communications (multiple mediums- print, digital, etc.), Marketing Strategy, Creative Direction, and Meetings & Events Planning and Implementation.

AMANDA VINCENT



Amanda found us on our Website. She is interested in all CSP's so all CSP chairs may contact her for involvement. She is also willing to help with Assisting with Special Events and Assisting the CSP hosting general meeting with setup. Her email is avincent@tylerperrystudios.com. Amanda is Sponsored by Peggy Pruett and endorsed by Connie Morris and Jo Dee Gonzalez.

Originally from Boston, Massachusetts, I came to Atlanta for college and discovered a great passion for film production, the area I work in now. I enjoy reading, cooking, and photography. In addition to volunteerism, I endeavor to contribute media skills to help share stories amongst our group, and perhaps to a wider audience via social media (if the club would like).

I am very grateful for the opportunity and look forward to

accomplishing great things with this extraordinary group of women.

KEM OSUDOH



Kem found us on the Website. She is interested in Arts & Culture and Civic Engagement & Outreach. Those CSP Chairs may contact her at aosudohoo2.gmail.com. She is also willing to assist with Special Events. Kem is Sponsored by Peggy Pruett and Endorsed by Connie Morris and Jo Dee Gonzalez.

The cities that make up the Atlanta Metro are great places to live and work, which is why Nkem chose to call it home. Post obtaining a degree in economics from The Ohio State University, she relocated to Georgia and found a passion for real estate and works as a licensed Realtor and a Strategy Constant for a Fortune 500 corporation. Having also worked for three years through college as a licensed nail technician, she has the natural ability to connect with clients for on their property owner or investing journey. Nkem is invested in her work and just as dedicated to helping families and investors find their dream property.

Sorority Inc. and works with her local chapter as a committee volunteer. She has serves with the

MEMBERSHIP CONT'D

Atlanta Mission, Atlanta Food bank, previously Boys and Girls Club of America, Big Brothers Big Sisters' of America, and more, as she loves making an impact in her community.

When Nkem isn't in the office or volunteering, you'll often find her enjoying time with friends and family, or reading a good book. She has a passion for writing and speaking as well, and has won several speaking competitions.

Peggy Pruett, 1st Vice President, Membership Chair

EDUCATION AND LIBRARIES

Education & Libraries CSP sponsored the January AWC General Meeting. Our speaker was Karen Sterk from the Jeanette Rankin Foundation which awards scholarships to women 35 and older to help them finish their education. The CSP presented Ms. Sterk with a donation of \$1,100.





If you would like to learn more about the impact of the Foundation, below are links to two brief videos and an article from the AJC.

(Hold Ctrl and click the link to view each)

The first tells the story of Khadijah Abdur-Rahman, an alum of the Rankin foundation and currently a Fulton County Commissioner.

Khadijah Video - https://www.youtube.com/watch?v=Vo-7VjoxjTI

The second video shows the individual members of the 2022 class of scholarship recipients as each received a Zoom call revealing that she had been awarded a Scholar Grant.

Scholar Reveal - https://www.youtube.com/watch?v=d5dgaLcLuWw

EDUCATION AND LIBRARIES CONT'D

This is an additional link to a 2022 article in the Atlanta Journal Constitution about the Foundation.

Atlanta Journal-Constitution Article <u>https://rankinfoundation.org/opinion-college-degree-gives-middle-aged-women-an-uplift/</u>

Education and Libraries CSP volunteered at Children Read on Saturday, January 21st at 10:00 a.m. We will be volunteering there again in March; please watch the AWC Weekly for information about the date.

Sara June McDavid, Chair

Maria Krane Co-Chair

CIVIC ENGAGEMENT AND OUTREACH



The Civic Engagement and Outreach Committee will be hosting a Valentine Celebration and Candy Bar for the teenagers at YouthSpark. We will host 50 teenagers over three days at the YouthSpark center within the Fulton County Court complex.

The kids will come to a Valentine party with a Candy Bar and cookie decorating station. They will decorate cookies and make candy boxes (or bags) to give to a loved one or themselves. The idea is to shower the kids with unconditional love.

The event will span over February 13th, 14th, and 15th with set-up happening directly after our General Meeting on February 13th. Please bring any donated Valentine theme candy (red hots, sweeties, etc...) or disposable Valentine themed decorations to the General Meeting on February 13th.

YouthSpark is a non-profit that offers advocacy, group counselling, and life skills training to children caught up in the Fulton County Court System. Many of their clients are teenagers that have been victims of abuse and sex trafficking.

Yolanda Johnson, Chair

Janecia Heard, Co-Chair

AWC LEADERSHIP ACADEMY 2023 TERM

Are you ready to develop or refine your leadership skills? Do you want to engage with other AWC members who have that same interest? Well, the next leadership training is for you!

What to expect?

This is a six session program that include course modules such as Ethical Conduct and Character to Board Management, just to name a few. This course is interactive and all members are encouraged to participate.

For more information, registration, and schedule info, visit us at <u>Home (weebly.com)</u> (Hold Ctrl and click the link above or copy and paste the link below in your browser) (https://gfwc-ga-awc-leadershipacademy.weebly.com/)

Submitted by Judine Heard Myra Carmon, LEADS Chair

ENVIRONMENT

Westside Beltline Arboretum/Warehouse Tour sponsored by Trees Atlanta



After finding out where the tour started, members Carla Williams, Penny Blackford and their friend/ neighbor Eartha Tucker and approximately 10 others had a fabulous time on the Westside Arboretum Beltline Tour. Originally the information provided said the tour was to start at the Kendeda TreeHouse at 825 Warner Street, SW but after finding the beautiful new facility closed, several phone calls and re reading the website it was learned that the tour's starting point was changed to Rose Circle and White Street. Unfortunately, by the time this was determined members, Barbara

Washburn & Kathy Wilde, had left to explore Westside Cemetery. Interesting note the tour ended at the Kendeda TreeHouse.

ENVIRONMENT CONT'D

The Trees Atlanta docent, Alison Mawle, shared a wealth of information about the trees and plants on the tour as well about the art and sculptures on the walk. "A picture is worth a thousand words" and the pictures that follow tell the story of the warehouses turned into breweries(West End is the Best End) and eateries (Wild Heaven Beer), carnivorous insect eating plants, the living walls, long needle pines, water oaks, Carla and the Krane, art work by Arcy a Disney artist, (find Mickey Mouse?), butterfly arches, chimney sweep nests, Phoenix sculpture made completely from railroad tie nails, a wind chime organ (called Sirens of Success), box cars made into shops (one called Heavenly Crap).



When asked if the beltline transit idea had been dropped, Alison said that funding had been made



available for street cars on the east beltline which would be a great addition for handicapped and older person. Alison also shared that close to the Kendeda TreeHouse at 1150 Allene Ave SW, Atlanta, 30310 is an organic farm called Aluma Farm (alumafarm@gmail.com) This is pickup only, place order on line and arrange to pick up at the Farmstand Sundays from 11AM -2PM.

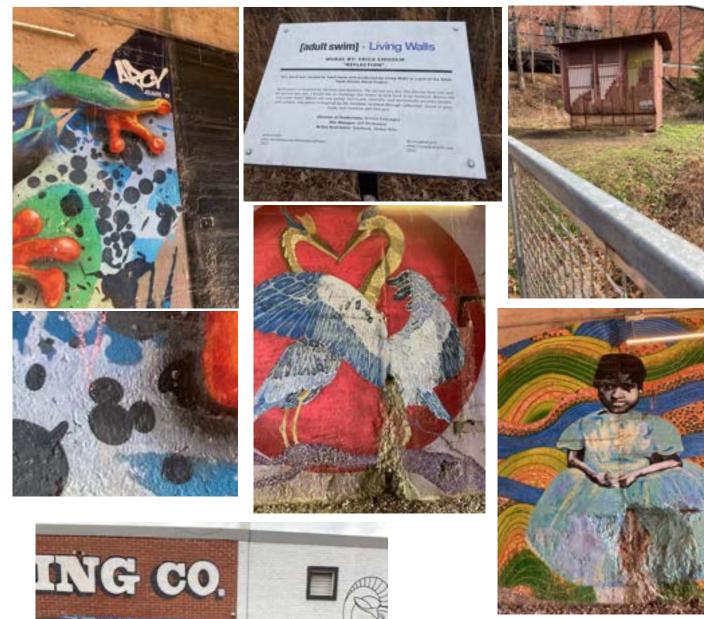
What a great tour and delicious taco lunch afterwards at Wild Heaven Beer.

Please mark your calendars for the next Environment CSP event, Trees Atlanta Georgia Arbor Day Celebration on Friday, February 17, 2023 from 9AM-12AM to plant trees in the Charlotte Nature Preserve.





ENVIRONMENT CONT'D







ENVIRONMENT CONT'D





Submitted by Penny Blackford **Meher Stevie, Chair Judine Heard, Co-Chair**



ESO BOOK CLUB

HORSE by Geraldine Brooks

Thirteen members, gathered at Page Henry's lovely home on Monday, January 23, 2023, to discuss Pulitzer Prize winner Geraldine Brooks', latest book HORSE. Members were: Aimee Berry, Penny Blackford, Myra Carmon, Jo Dee Gonzales, Billie Harris, Judine Heard, Page Henry, Beth Jetha, Maria Krane, Connie Morris, Peggy Pruett, Catherine Smith & Pat Walsh.





Page was a gracious hostess and her home was such a delightful place to meet. The home has lovely, vaulted ceilings, spacious and beautifully appointed rooms that were enhanced by many candles that provided a warm welcome and enchanting ambiance. Thank you, Page Henry.

Delicious appetizers, wine and sparkling water were provided along with Moussaka, Greek salad, Wassel, and decadent desserts. Thank you to all the hands that prepared/provided the food.

Following our delicious meal, which was selected because, Jess and Theo, characters in the book were to have Moussaka for dinner, there was a lively discussion about the book.

A synopsis of HORSE taken from the book's cover is as follows:

A discarded painting in a junk pile, a skeleton in an attic, and the greatest race horse in American History: from these strands, a Pulitzer Prize winner braids a sweeping story of spirit, obsession, and injustice across American history.

The book covers three time periods.

Kentucky, 1850. An enslaved groom named Jarret and a bay foal forge a bond of understanding that will carry the horse to record-setting victories across the South. When the nation erupts in civil war, an itinerant young artist who has made his name on paintings of racehorses takes up arms for the Union. On a perilous night, he reunites with the stallion and his groom, and the Quantrill Raiders, very far from the glamor of any race track.

New York City, 1954. Martha Jackson, a gallery owner celebrated for taking risks on edgy contemporary painters, becomes obsessed with a nineteenth century equestrian oil painting of mysterious provenance.

Washington, DC, 2019. Jess, a Smithsonian scientist from Australia, and Theo, a Nigerian American art historian, find themselves unexpectedly connected through their shared interest in the horse-one studying the stallion's bones for clues to is power and endurance, the other uncovering the lost history of the unsung Black horsemen who were critical to his racing success.

Based on the remarkable true story of the record-breaking thoroughbred Lexington, "Horse" is a novel of art and science, love and obsession, and our unfinished reckoning with racism.

As Jane Smiley, of the New York Times Book Review said "Brooks is an adventuresome of a novelist as she once was a journalist.... Her journalistic sense of story has remained vibrant."

Please mark your calendars for the next book club to be held on Monday May 15th, 2023 and hosted by Peggy Pruett at her home located at 406 Abbey Springs Way, McDonough, Ga 30253. Check the AWC Weekly Update for more information on the book selection for this event.



Penny Blackford, ESO Book Club

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