



# Atlanta Woman's Club



Member, Georgia Federation of Women's Clubs (GFWC)  
General Federation of Women's Clubs (GFWC)

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## February 2025 Issue

### President's Message

Dear Club Sisters,

How did January get so busy? It seems like we are always moving at a faster pace than I remember. This month has been very busy and very unpredictable with our weather. What a blessing it is that we are strong, resilient women and can handle whatever is thrown at us.

As you are reading this, all reports have been sent in. We are so proud of the work that has been done with all the CSPs and Committee Chairs. They do many hours of work behind the scenes to plan and prepare for projects and volunteer opportunities in which we may all participate. They are the backbone of our club because we are all about the projects that we can do for the community and surrounding areas. These reports will be judged by the District and State leaders and awards are first presented at the District level. The Spring District meeting is on March 29 so save that date. More information on time and place later. We do not choose our work to report but we do report on the work that we chose. Winning is nice but we are already winners by what we achieved for others.

We held elections for the 2025-2027 nominating committee at our January meeting. Many thanks to the 2023-2025 Nominating Committee for the great job they did for us: CIMI DOUGLASS, Chairman; JENNIE LABATO, BILLIE HARRIS and BARBARA WASHBURN. Congratulations to our new committee: AIMEE BERRY, JO ELLEN FRIEDMAN, MARIA KRANE and BEVERLY WILLIAMS. Alternates are: JENNIFER QUINN and JENNIFER SPIVEY.

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## PRESIDENT'S MESSAGE CONT'D

At the February meeting we will be voting on BYLAW changes that are contained in this newsletter. These changes have been voted on and approved by the Executive Committee and the Board of Trustees. Please read these and be ready to approve them in the General Meeting. Many thanks to the Bylaws Committee for their many hours of meetings and formulating these changes. Members are: BARBARA WASHBURN, Chairman; JENNIE LOBATO, MYRA CARMON and BETH JETHA.

We are excited about having Tallulah Falls School as our program for February. This is a great time for our newer members to hear about the amazing things that are happening at our school. Dr. Peevy will present as well a student or two with Dinah introducing him. I have been affiliated with the school for most of my 45 years as a GaFWC member and as a Board of Trustees member for ten years. We are very proud of the journey on which Dr. Peevy has taken us to become one of the top rated College Prep schools in the Nation. Many thanks to DONNA FOLAND, also a Board member, for chairing this committee and her efforts in preparing for this meeting.

Please read the entire newsletter so you won't miss any of the wonderful events coming up. Looking forward to seeing all of you at the club. Come early to visit as we always start promptly at 11:15.

"Pearls don't lie on the seashore. If you want one, you have to dive for it." -Chinese Proverb

**Peggy Pruett, President, The Atlanta Woman's Club**



**Symbol: Pearls**

**Motto: An Old Native American Proverb "A Pearl is worthless in its shell"**

## NOMINATING COMMITTEE

Congratulations to the Newly Elected Nominating Committee!

We are thrilled to announce the newly elected Nominating Committee! This committee will play a vital role in ensuring our club continues to thrive by identifying individuals to serve in key leadership positions.

The Nominating Committee's first important assignment is to seek nominations for two (2) Board of Trustees (BOT) members. This is an incredible opportunity to help guide the direction and success of our clubhouse and organization, and your input is invaluable.

We encourage all members to participate by submitting your nominations to the new committee members. Please help our new committee and share your suggestions with any of the following members of the 2025-2027 Nominating Committee:

Aimee Berry - [gapeachaimee@yahoo.com](mailto:gapeachaimee@yahoo.com)

Jo Ellen Friedman - [joellen.friedman@gmail.com](mailto:joellen.friedman@gmail.com)

Maria Krane - [gauchache@gmail.com](mailto:gauchache@gmail.com)

Beverly Williams - [bevwilliams1028@gmail.com](mailto:bevwilliams1028@gmail.com)

Jennifer Spivey – alternate [jenn.spivey@gmail.com](mailto:jenn.spivey@gmail.com)

Jennifer Quinn – alternate - [jennquinn100@gmail.com](mailto:jennquinn100@gmail.com)

Beth Jetha, Parliamentarian ([beth.jetha@gmail.com](mailto:beth.jetha@gmail.com)) will be on this committee with a vote. She will advise and guide the committee with regard to bylaws and procedures.

Your nominations will help the committee identify candidates who align with our mission, values, and vision for the future.

Thank you for your continued support and dedication to our club.

2022-2024 Nominating Committee members,

Cimi Douglass

Barbara Washburn

Jennie Lobato

Billie Harris

Ursula Reynolds

**Cimi Douglass, Nominating Committee Chair 2022-2024**

## MEMBERSHIP



Diane moved to Atlanta 3 years ago from Chicago. Diane graduated from Miami University in Oxford, Ohio. Diane is an HR Leader and Consultant. She has spent 30 years in Human Resources as an Executive and Consultant. Her non-profit experience includes: Auxiliary Board at Northwestern Medicine (Chicago), VP Membership, Junior League of Chicago, Atlanta Angles (Board Member), Christ the King Women's Club, Anti-Cruelty (Chicago animal shelter) and Atlanta Council on International Relations. Diane says her golf game is improving with year-round practice.

312 320-7789 (c) [dianevescarborough@gmail.com](mailto:dianevescarborough@gmail.com)

Sponsors: Barbara Washburn & Sue Rohan

### **Other Membership Reporting**

Resignations: Please also be advised that we have received resignation letters from Sandie Clendon and Lisa Barnes due to various circumstances in their lives.

### **Darlene Kimes, 1st Vice President, Membership Chair**

## PHOENIX FLIES

### **AWC Participates in the Phoenix Flies Tour Once Again!**

The Atlanta Woman's Club will participate in Phoenix Flies 2025, a city-wide celebration of historic sites sponsored by the Atlanta Preservation Center. Phoenix Flies was created in 2003 to mark the anniversary of the powerful rescue of the Fox Theatre, an event that changed Atlanta's respect for preservation permanently. This annual program celebrates Atlanta by featuring tours and exhibits of historic landmarks and properties throughout the city. All events are free to the public. On Wednesday, March 12, the Wimbish House will be on tour as part of this program. We will have members dressed in period costume from 1895 to the present day. These members will each represent a period in our club's history and will provide a brief description of the accomplishments of the AWC during that time as well as historic information about the Wimbish House.

### **Amanda Robinson, Women's History**



## ARTS & CULTURE



After a quite busy December, a more quite January was welcomed. The Metropolitan Opera simulcast performance of Aida was a great success. Twenty members attended after first meeting for brunch. We will look at additional performances for the opera season and see if there are other operas we'd like to attend.

The Art and Architecture tour of the Fox Theater is still in the planning stage. This exceptional tour will occur in late February.



**Lynn Brentnall, Chair**  
**Page Henry, Co-Chair**



## CIVIC ENGAGEMENT AND OUTREACH



Civic Engagement and Outreach partnered with the VA and several smaller veteran's organizations and the Brookhaven Rotary Club to host the Women Veterans EmpowerHer Fair. The event was held at The Solarium - Community Center of South Dekalb. The committee was an integral part of the planning team and served as check-in and hospitality, including serving a lovely boxed lunch, during the event.

Feedback from the participants was overwhelmingly positive.

Highlights from feedback mentioned:

- The valuable information
- The event felt free-flowing...participants didn't feel rushed when talking to vendors.
- Notable Mentions: Humble Warriors // Health and Wellness // Learning about Women Outdoors (hiking) // Creating Jewelry
- Comment: "This was brain-food for helping us to be our best Self."



A film crew was at the event and recorded our very own star veteran, Kim Green. Please see the VA medical media video : <https://youtu.be/KGEvGSlvSI4> (hold CTRL and click to view)



**Jennifer Spivey, Chair**  
**Jo Ellen Friedman, Co-Chair**

## LEADS/LEADERSHIP

On Saturday, Feb. 22nd, 2025 from 10 am to 12 noon at the Clubroom of the Park Central Condominiums (a 5-minute walk from Wimbish House), there will be a LEADS session that will feature the Atlanta Woman's Club Bylaws and Standing Rules. Participants will be given material in advance to allow for ample time for a question/answer segment. The event is free to members. Light refreshments will be provided. Registration deadline is Feb.14, Valentine's Day. There will be sign-up sheets at the January and February General meetings. You may also email Myra Carmon at mcarmon@gsu.edu.

Submitted by Beth Jetha

**Myra Carmon, LEADS Chair**

## HEALTH AND WELLNESS

### **Heart Disease is Number 1 Killer of Women**

#### **Heart disease can be mostly preventable. So be sure to:**

- Schedule an appointment with your health care professional to learn your risk for heart disease.
- Aim for at least 150 minutes a week of moderate-intensity aerobic activity (such as brisk walking) or 75 minutes of vigorous activity (such as jogging), or a combination of both. It's also good to include moderate- to high-intensity muscle-strengthening activity, such as resistance or weight training, at least twice a week.
- Include fruits, vegetables, lean proteins, whole grains, low-fat or fat-free dairy, nuts and seeds in your diet. Limit processed foods, added sugars, and sodium.



#### **If you have any of these signs, call 911 and get to a hospital:**

- Uncomfortable pressure, squeezing, fullness or pain in the center of your chest.
- Pain or discomfort in the:
  - Arms (one or both)
  - Back
  - Neck
  - Jaw
  - Stomach
- Shortness of breath with or without chest discomfort
- **Other signs include:**
  - Breaking out in a cold sweat, Nausea, Lightheadedness

**Barbara Washburn, Chair**  
**Isabel Urrutia, Co-Chair**



## ESO BOOK CLUB

### A GIRL NAMED SAMSON

BY AMY HARMON



On Saturday, January 18, 2025, Peggy Pruett graciously hosted the AWC book club at her lovely home in McDonough, GA.

All enjoyed a delicious lunch of Brunswick stew, vegetable beef, and potato/broccoli soups, biscuits and cornbread mini muffins, a variety of salads, cookies, lemon bunt cake, apple pie, strawberry cake, and chocolate mousse.

Amy Harmon is a Wall Street Journalist, USA Today and New York Times bestselling author from Utah. Amy Harmon has written twenty novels, many which are best sellers, including *A*

*GIRL CALLED SAMSON*. This historical romance fictional saga is based on a real person, Deborah Samson and reimagines her story as one of the first women soldiers in the American Revolutionary War. Forbidden to join the army because of her sex, she disguises herself as a soldier confronting the horrors of war and a surprising love story along the way.



Members attending book club were Aimee Berry, Penny Blackford, Myra Carmon, Karen Clydesdale, Jo Ellen Friedman, Jo Dee Gonzales, Page Henry, Yolanda Johnson, Maria Krane, Connie Morris, Peggy Pruett, Jennifer Spivey, Pat Walsh and Beverly Williams.

We are most fortunate that Wanda Morris, author *ALL HER LITTLE SECRETS & ANYWHERE YOU RUN* will be returning to our April book club, to discuss her latest book *WHAT YOU LEAVE BEHIND*. This is a powerful story and haunting thriller, following Deena Woods, a lawyer whose life having fallen apart returns to her childhood home in Brunswick Ga, to heal ... only to uncover a land conspiracy that dates back to Reconstruction and persists in half of the United States today. Sara June McDavid and Maria Krane have graciously agreed to host this event at their lovely condo social room located at 211 Colonial Homes Drive NW, Atlanta, GA 30309. Details regarding date and time will be forthcoming in the Weekly Update.

**Penny Blackford, Chair**



## BYLAWS

### **BYLAWS CHANGES:**

\*\*\*\*Items in Bold are the changes that have been made to the bylaws.

ARTICLE V – EXECUTIVE BOARD Section 3 – Quorum In order for business to be conducted, 51% of the Executive Board must be present, of which five (5) must be elected Club officers or elected trustees who vote.

**Section 4- No member of a committee or officer shall enter into a transaction or contract with outside organization that exceeds their Term in office Excluding Board of Trustees and Seeded Events contracts.**

ARTICLE VI – BOARD OF TRUSTEES Section 1 – Composition The Board of Trustees shall consist of four (4) elected trustees, the Club president, first vice president, treasurer and assistant treasurer, past Board of Trustees chairs in good standing, and the parliamentary or parliamentary advisor, who serves but has no right to vote. Two (2) trustees shall be elected on odd-numbered years and two (2) trustees shall be elected on even-numbered years. Elected members serve for a term of two (2) years.

**Past Board of Trustees Chairs can attend meetings but have no vote**

Section 11-Employment No member of the Club or her immediate family and **no family of an employee** shall be permanently employed by the Club. The Board of Trustees shall be the final authority for employment matters.

ARTICLE IX – NOMINATIONS AND ELECTIONS Section 2 – Elections Elections shall take place at the March general meeting and shall be by ballot. When only one candidate is nominated for each office, election may be by voice vote. No proxy vote is allowed. Nominations from the floor shall be allowed if the nominee is qualified, is aware of the responsibilities, and consents to serve. **During any election to any position within the club the president does not vote. In the event of a tie vote the president must vote**

ARTICLE XI – FINANCE Section 5 – Authorization for Check Writing

B. Signature Authority

**All checks require two authorized signatories. All Payroll checks must be approved by Treasurer and BOT Chair.** Authorized signatories are the Board of Trustees chair, Club president, treasurer, and assistant treasurer. Any two of the signatories may sign the checks; however, the checks must be signed by both signatories at the same time. No checks are to be pre-signed. Authorized signatories may not sign any checks that relate to other positions they hold within the Club.

**Barbara Washburn, Chair**

## **GFWC AWC EXECUTIVE BOARD AND COMMITTEES**

### **Officers**

Peggy Pruett, President  
Darlene Kimes, 1<sup>st</sup> Vice President (Membership Chair)  
Ann Hazzard, 2<sup>nd</sup> Vice President (Dean of CSPs)  
Melissa Bernadel, Recording Secretary  
Judy Reece, Treasurer  
Judine Heard, Assistant Treasurer

### **Appointed Officers**

Sara June McDavid, Corresponding Secretary  
Beth Jetha, Parliamentarian

### **Community Service Program Chairs**

Ann Hazzard, 2<sup>nd</sup> Vice President & Dean of Community Service Programs  
Lynn Brentnall, Arts & Culture (Page Henry, Co-Chair)  
Jennifer Spivey, Civic Engagement and Outreach (Jo Ellen Friedman, Co-Chair)  
Maria Krane, Education and Libraries (Aimee Berry, Co-Chair)  
Ursula Reynolds, Environment (Amber Hahn, Co-Chair)  
Barbara Washburn, Health and Wellness (Isabel Urrutia, Co-Chair)

### **Special Appointed Committees**

All Past Presidents, President's Advisor  
Sara June McDavid, Historian  
Amanda Robinson, Women's History  
Donna Foland, Tallulah Falls School  
Jo Dee Gonzalez, 1734 Society  
Connie Morris, A Seeded Event/Fundraising  
Myra Carmon, LEADS  
Penny Blackford, ESO Book Club  
Judy Reece, Website/Communications/Weekly Bulletin/Bridge  
Sandra Langford, Member Events/Sunday Setup  
Amanda Vincent, Photographer/Social Media  
Billie Harris, Newsletter Editor

### **Budget Committee**

#### **\*Determined by Bylaws Article XII Section 7**

Judy Reese, Chair/Treasurer  
Peggy Pruett, President of AWC  
Ann Hazzard, 2<sup>nd</sup> Vice President of AWC  
Judine Heard, Assistant Treasurer  
Karen Clydesdale, Chair of the BOT  
Yolanda Johnson, Co-Chair of the BOT

## **GFWC AWC EXECUTIVE BOARD AND COMMITTEES CONT'D**

### **Nominating Committee**

Aimee Berry  
Jo Ellen Friedman  
Maria Krane  
Beverly Williams  
Jennifer Spivey, Alternate  
Jennifer Quinn, Alternate  
Beth Jetha, Parliamentarian

### **ByLaws Committee**

Barbara Washburn, Chair  
Jennie Lobato  
Myra Carmon  
Beth Jetha

### **Board of Trustees**

Karen Clydesdale, Trustee 2023-2025, Chair  
Yolanda Johnson, Elected Trustee 2023-2025, Co-Chair  
Jo Dee Gonzalez, Elected Trustee 2024-2026  
Gretchen Butler, Elected Trustee 2024-2026  
Page Henry, Elected Trustee 2023-2025  
Peggy Pruett, AWC President 2024-2026  
Darlene Kimes, 1st Vice President 2024-2026  
Judy Reece, Treasurer 2024-2026  
Judine Heard, Assistant Treasurer 2024-2026  
Myra Carmon, Past BOT Chair  
Karen Bacheller, Past BOT Chair  
Karen Moore McDonald, Past BOT Chair  
Lisa Banes, Past BOT Chair  
Beth Jetha, Parliamentarian 2024-2026

### **Past Presidents**

1994-1996 Lucy Willard  
2008-2010 Karen Moore McDonald  
2010-2012 Karen Bacheller  
2012-2014 Karen Clydesdale  
2014-2016 Judine Heard  
2016-2018 Cimi Douglass  
2018-2020 Myra Carmon  
2020-2022 Jo Dee Gonzalez  
2022-2024 Connie Morris