



# Atlanta Woman's Club



Member, Georgia Federation of Women's Clubs (GFWC)  
General Federation of Women's Clubs (GFWC)

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Editor: Billie Harris

## March 2021 Issue

Hello ladies,

Can you believe that it is March already? I cannot, but I know that I tend to say the same thing as every month goes by! We are, however, about to see the light at the end of the tunnel with spring reported to be around the proverbial corner! The official date is March 20, so keep your fingers crossed!

As you all heard at last month's meeting, the GFWC club reports that were completed by the CSPs, special committees and standing committees, have been received and accounted for by the state office. Despite the pandemic and the fact that we have not been able to get meet face to face to work together on so many of the projects that were planned for, I am happy to announce that our members, all of our members, provided a whopping 5,278 hours of volunteer time for the betterment of the AWC community. At the upcoming General meeting I will have more statistics for you...the number of projects, dollars donated from the club, the members, and in-kind donations. Stay tuned!

There are more volunteer opportunities coming up and some that are ongoing, so be sure to check the Weekly Updates on Mondays and of course, this Newsletter and any that are coming up. Education (Barbara Washburn and committee) is collecting new books for newborns to support the program for Grady Hospital entitled "Talk with Me Baby". Parents of the babies are given a book to take home to read to their new little one. This is such a great project and everyone can participate. Feel free to contact any of the committee chairs or one of your fellow members to get information if you are interested.

There were some photos in Facebook of the Environment CSP group celebrating Arbor Day by planting flowering trees in the John Lewis Flowering Forest. Thank you to Page for arranging this great event!

Dues collection is finally complete and thanks to Connie, 1<sup>st</sup> VP and chair of the Membership committee and her team we now have 102 members!

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## PRESIDENT'S MESSAGE CONT'D

Let's keep that number growing. Bring your friends, sisters, neighbors, etc. to our meetings and spread the word about The Atlanta Woman's Club and what we do to support our community.

At the March 8 meeting we will be electing 2 new members who will be sitting on the Board of Trustees for the term of 2021-2023. If you want to nominate anyone from the floor, please get their permission ahead of time and notify Judy Reece for the proper procedure. I look forward to seeing you all at the next meeting on March 8<sup>th</sup>.

I'll end with this quote, what a true AWC woman really is .....

"The world needs strong women, women who lift and build others, who will love and be loved. Women who live bravely, both tender and fierce. Women of indomitable will."

-Amy Tenney

**Jo Dee Gonzalez, AWC President 2020-2022**



## AWC MEMBER RECOGNITION: 10-14 YEARS MEMBERSHIP

Karen Clydesdale	14 years
Cimi Douglas	13 years
Donna Foland	13 years
Renee Sanders	13 years
Judith Behrens	12 years
Jenny Ham	12 years
Marilyn Morton	12 years
Dinah Peavy	12 years
Penny Blackford	11 years
Ashley Hall	11 years
Janecia Heard	10 years
Page Henry	10 years

**Submitted by Connie Morris, 1st VP, Membership**

## MEMBERSHIP



Tameka Washington is a mom, a daughter, an aunt, a sister, and a friend. Tameka has been a resident of North Atlanta for over 20 years. Tameka has worked in Accounting/Finance for 18 years with companies such as GE, AGCO, and AIG. She currently works in the financial services industry. She is also the owner of TEW Enterprise Group. Tameka has a BS in Accounting, a MBA, and a Project Management Certification. Tameka enjoys writing, networking, serving, traveling, and spending time with family and friends.

### **Tameka's Current Member Affiliations:**

- National Small Business Association, Leadership Council
- New Birth Missionary Baptist Church, Women's Ministry Outreach

Area Leader

- Hands on Atlanta Volunteer Civic Leader Alumni
- Pancreatic Cancer Action Network, Atlanta Outreach Chair

### **Tameka's Skills:**

Project Management, Bookkeeping, Accounting, Fundraising, Outreach and Event coordination, Volunteer management

**Connie Morris, 1st VP, Membership**

## ENVIRONMENT

February 21st was Representative John Robert Lewis's birthday! To honor his legacy, to celebrate his birthday, Georgia's Arbor Day, & Black History Month, The City of Atlanta, Freedom Park Way, Trees Atlanta, Inc and Atlanta Woman's Club, planted flowering trees (dogwoods, red bud and magnolias) at the "Bridge" sculpture on Freedom Park-way on Friday, February 19, 2021 from 9-12. The Environment Community Service Program volunteers, Page Henry, Chair, Sheila Payne, Page's friend, Judine Heard and Penny Blackford joined with other volunteers to learn how to plant trees correctly. We also learned why Georgia has its own Arbor Day on the third Friday of February rather than on April 22 nd, when the Nation celebrates Arbor Day. The practical reason is that the month of April is too late to plant trees in Georgia.



What fun we had getting into "good trouble" on this cold and windy morning to beautify this lovely park that borders Freedom Park Way near Jimmy Carter Library and Ponce de Leon Avenue. We personally planted three trees which we named "John," "Robert," and "Lewis," in honor of John Lewis. May the trees we planted be a living testimony to John Lewis's legacy and may the blooms that come forth each spring reflect the beauty of his life, his passion for justice and his knowledge that the vote is the strongest nonviolent weapon we have to bring about change.

**Submitted by Penny Blackford**

## SPEAKER SPOTLIGHT

Founded in 1985, Trees Atlanta works to mitigate Atlanta's tree loss, protect its forests, and increase its tree canopy. Empowered by a community of volunteers, Trees Atlanta serves the metro Atlanta area and has grown to become one of Atlanta's most widely known and supported non-profit organizations. Since its inception, Trees Atlanta has planted over 145,000 trees and our programs have come to include Neighbor Woods community forestry, youth and adult education, Forest Restoration, The One Million Trees Initiative, and the Atlanta Belt Line Arboretum.

Alex Beasley is a rare (nowadays) Atlanta native. After a trip to the Redwoods in California, Alex switched from his Pharmacy course track to Landscape architecture and he received his BLA from Georgia 2011. He's been a staff member of Trees Atlanta since 2013 and has spent time in Youth Education, managed the community forestry program and now resides as Associate Director of Donor Relations. He is also an International Society of Arboriculture Certified Arborist. Alex and his darling wife Katie live in Grant Park with their also darling two year old son, Charles and their two cats Leo and Kirby Smart Beasley. He's addicted to gardening and music.

**Hosted by Environment  
Page Henry, Chair  
Karen Johnson, Co-Chair**



## EDUCATION & LIBRARIES

The Education and Library CSP had a busy February. We presented two scholarships for \$1000.00 each to two seniors at the Coretta Scott King Leadership Academy Charter School for girls. Both young woman are heading off to college and after reading their essays and meeting them we are certain they have bright futures ahead of them! The CSK academy is also a state recognized STEM school, and the only one for girls. We also presented Grady Hospital with a donation and a bag of books for their “Talk With Me Baby” program that promotes language development. Upon leaving the hospital the parents are given a book for their newborn to encourage reading to them. Education/Library CSP is collecting books for newborns. If interested in donating contact Barbara Washburn [bwashburn41@gmail.com](mailto:bwashburn41@gmail.com)



**Barbara Washburn, Chair**

**Linda Hirsch, Co-Chair**

## NOMINATING COMMITTEE

Elections for two positions on the Board of Trustees for the 2021 – 2023 term (June 2021 through May 2023) will be held at the March 8, 2021 general meeting. Please review the duties of Board of Trustee members in the AWC bylaws (Article VI, Section 5) and consider the important responsibilities of the positions as you determine your vote. We should elect members whose experience and expertise along with their interest and availability can serve effectively.

Based on the AWC bylaws (Article IX, Section 1), “After consent is obtained, the Nominating Committee report must be posted at the Club at least ten (10) days prior to the March general meeting and distributed prior to the March meeting. The report shall be posted in the member section of the AWC website and distributed to all members by either email or US mail.”

## NOMINATING COMMITTEE CONT'D

The Atlanta Woman's Club  
Slate for Term 2021 – 2023 (June 2021 through May 2023)  
Election March 8th, 2021  
Board of Trustees Members

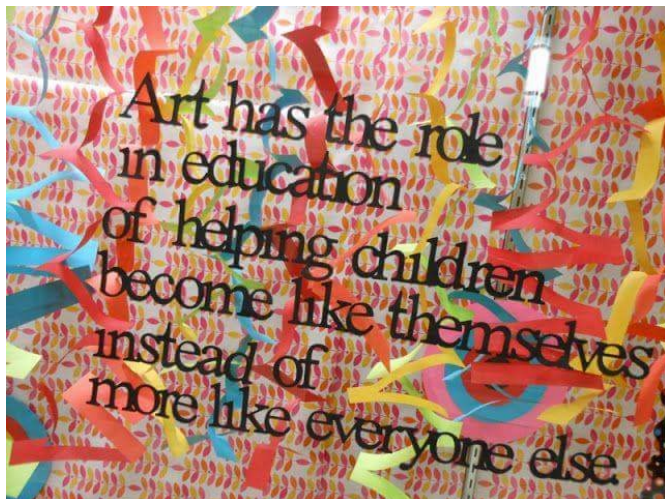
The committee is pleased to recognize four valid candidates for the two positions on the Board of Trustees:

- Donna Foland (Incumbent)
- Page Henry
- Darlene Kimes
- Britton Rogers

Each candidate is an active member who has signed the Consent to Serve form and who has supplied biographical information.

**Nominating Committee:**  
**Judy Reece, Chair**  
**Beth Jetha, Parliamentarian**  
**Britton Rogers**  
**Kelly Feyock**  
**Ursula Reynolds**  
**Jennie Lobato, Alternate**  
**Karen Clydesdale, Alternate**

## ARTS & CULTURE



We are currently volunteering with drawchange on **Thursdays at 2pm** at the Ansley School, a school specifically started for children that are or have experienced homelessness. We will assist first graders with their art therapy-based projects to empower them and boost their self-esteem. All CDC guidelines are observed to include mask wearing, temperature checks and hand sanitizing. **NO ART EXPERIENCE REQUIRED.** We will also have another volunteer opportunity with drawchange on Saturday mornings from 10:30a-12:30p at a shelter in Grant Park coming up soon. Be sure to check our Weekly Bulletin and Monthly Newsletter for updates. All volunteers must first complete, if you have not already completed, a

drawchange volunteer application to attend. You may find the application at [www.drawchange.org](http://www.drawchange.org). Please contact Billie Harris via email at [hawcinc@live.com](mailto:hawcinc@live.com) or via call or text at 678-617-8511 if you are interested and for more details.

## ARTS & CULTURE CONT'D

The Arts & Culture CSP will continue to collect art supplies for elementary, middle, and high school students. This will be an ongoing project due to the decreased amount of art supplies provided by schools as virtual learning continues during the pandemic. A few standard items to consider donating are colored pencils, washable markers, drawing pads, crayons, construction paper, small and large poster boards, scissors, glue sticks, non toxic liquid glue, sharpies, etc. These supplies will be distributed during the Atlanta Public Schools and Fulton County Schools Meal distribution pick-up days which are on Monday (APS) and Wednesday (FCS) weekly.



How to Donate:

- Drop off supplies at the Wimbish House
- Mail supplies directly to me at 4053 Lyon Blvd SW, Atlanta, GA 30331



March is Youth Art Month! The Arts & Culture CSP is making plans to host a Student Art Showcase at the end of this month featuring artwork from 5 students from North Atlanta High School and 5 students from Grady High School. The showcase will be exhibited at a local Art Gallery. Be sure to check the Weekly Bulletin for more details as plans are finalized.

Members who are interested in joining the Arts and Culture CSP, please email your name and mobile number to [hawcinc@live.com](mailto:hawcinc@live.com). Make sure to also download the GroupMe app on your mobile device to stay up to date with projects and volunteer opportunities. You will be added to the AWC Arts & Culture GroupMe via your mobile number.

**Billie Harris, Chair**





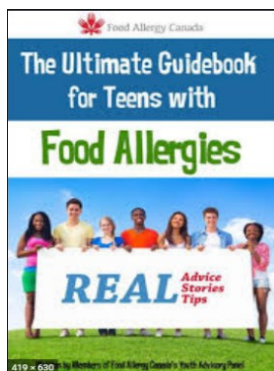
## FARE *Facts*

1. Allergies are perpetrated by the immune system, and as the immune system matures with age, the allergies become stronger. Environmental allergies, like seasonal allergies, are likely to increase. On the other hand, allergic reactions to food often decrease. Many kids outgrow their food allergies.
2. teenagers with serious allergies should carry epinephrine auto injectors. They are very important. If the allergic reaction is severe, like anaphylaxis, a dose of epinephrine from an epinephrine auto injector buys time. The shot gives the teenager a chance to get to the hospital. Epinephrine auto injectors are especially important for teenagers because the risk of death from food allergies is higher than for younger kids.
3. Teenagers have more severe allergic reactions because the immune system is stronger, so the allergic reaction can be stronger. For example, the risk of dying from a bee sting is much higher after the age of 16. Another reason is that teenagers engage in risk-taking behaviors. They may be less vigilant about avoiding an allergen. Lastly, teenagers may forget to carry their EpiPen.



## FARE *Food*

1. Nutties for a Change – Individually, they are each a bit shy, but when best friends Tiffani Pope (multiple food allergies) and Mariana Trejos (fragrance allergy) team up, a lively website with recipes, contests, and a “Teen Guide” are the result.
2. Teens with Food Allergies – Hannah Lank is a doer, and it shows in her honest, informational, and supportive articles. She openly shares her successes, her challenges, and useful lessons.
3. Allergy Alli – Allison Davin is an expressive girl with a lot to share. Her posts with stories, tips, recipes and pictures provide amazing outreach to other food allergic teens.



## FARE *Fun for teens*

1. FARE Teen Summit – In 2018, this popular summit will be part of the annual FARECon summit, so parents and teens can arrive together, then go their separate ways to learn and share. The teen summit offers food-allergic teens the opportunity to meet others just like them, discuss social issues related to allergies, and have fun. See student Michael Mandanas report on the summit experience [here](#).
2. FARE’s Teen Advisory Group (TAG) – A nationwide program where teen members get involved in online projects, youth awareness programs, peer-to-peer mentoring, and representing their geographic region. Food allergic teens can apply to join during designated times.
3. FARE’s Teen Food Allergy Support Group – This private Facebook group brings together members of TAG, but also welcomes other food allergic teens simply looking for like-minded friends and support.



## FARE BULLETIN CONT'D

I also wanted to take this opportunity to let you know about the FARE Courage at Congress upcoming event. FARE is preparing for their second annual advocacy event, **Courage at Congress 2021: Advocate for a Cure**, to be held March 8-10. This year's gathering will be virtual, allowing more members of the community to have their voices heard by key members of Congress and work again on passing H.R. 1202, the FASTER Act. This community momentum will expand the FARE footprint nationwide and facilitate close relationships between district congressional offices and FARE advocates. Register for this event at the following link.

<https://fare.6connex.com/event/food-allergy/courageatcongress/register>

**Karen Clydesdale, Chair, North West District GFWC GA President's Special Project**

# ATLANTA WOMAN'S CLUB ROSTER OF OFFICERS & EXECUTIVE BOARD MEMBERS

## Officers

Jo Dee Gonzalez, President  
Connie Morris, 1st Vice President  
Penny Blackford, 2nd Vice President  
Peggy Pruett, Recording Secretary  
Gretchen Butler, Treasurer  
Barbara Washburn, Assistant Treasurer  
Sandie Clendon, Corresponding Secretary  
Beth Jetha, Parliamentarian

## Board of Trustees

Lisa Banes, Chair (2019-2021)  
Donna Foland, Co-Chair (2019-2021)  
Jo Dee Gonzalez, AWC President (2020-2022)  
Connie Morris, AWC 1st Vice President (2020-2022)  
Beth Jetha, Parliamentarian (2020-2022)  
Gretchen Butler, Treasurer (2020-2022)  
Barbara Washburn, Asst. Treasurer (2020-2022)  
Judine Heard (2020-2022)  
Sara June McDavid (2020-2022)  
Myra Carmon, Past BOT Chair  
Karen Clydesdale, Past BOT Chair  
Karen Moore McDonald, Past BOT Chair  
Karen Bacheller, Past BOT Chair

## Community Service Program Chairs

Penny Blackford, Dean of Community Service Programs  
Billie Harris- Chair, Arts and Culture  
Darlene Kimes- Chair/Amber Hahn- Co-Chair, Civic Engagement and Outreach  
Barbara Washburn- Chair/Linda Hirsch- Co-Chair, Education and Libraries  
Page Henry- Chair/Karen Johnson- Co-Chair, Environment  
Kelly Feyock- Chair/Maria Krane- Co-Chair, Health and Wellness

## Committee Chairs

Karen Clydesdale, President's Advisor  
Sarah Helen Kilgore, Historian  
Ursula Reynolds, Women's History  
Lucy Willard, Tallulah Falls School  
Myra Carmon, 1734 Society  
Karen Clydesdale, GFWC GA President's Special Project/GFWC Signature Project  
Connie Morris, Membership  
Karen Clydesdale, A Seeded Event/Fundraising  
Judine Heard, GFWC GA LEADS/GFWC GA Environment Co-Chair  
Melodie Rogers, ESO Book Club  
Karen Johnson, Peachtree Women's Writers Alliance  
Cimi Douglass and Judy Reece, Website  
Lisa Banes, Marketing/Public Relations  
Judy Reece, Member Events/Communications/Weekly Bulletin/Bridge  
Britton Rogers, Social Media  
Billie Harris, Newsletter Editor