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#### **President's Message**

I spent the past several weeks on a wonderful vacation with my sister. She lives in Boston, Massachusetts and we both have so many things in our lives that keep us busy and as a result, we do not get to see each other as often as we would like.

The vacation provided a great time for us to reminisce, get caught up on children and grandchildren and to share special parts of our lives. Of course my involvement with the Atlanta Woman's Club was discussed.

My sister is not a joiner and she does not particularly care for women's organizations. But she very strongly believes in volunteerism and giving back to the community. She just feels that it is best done on an individual level as opposed to a group effort...especially a group effort involving 75 women!

As I discussed the various projects we are involved with, the maintenance and running of the Wimbish House, our monthly meetings and of course, our social activities, she

Continued on page 2

## INSIDE THIS ISSUE

- 1-2 President's Message, Speaker Spotlight
- 2-4 Public Issues, Conservation, Book Club, Home LifeTallulah Falls
- 6-8 Red Cross Blood Drive, Open Club Positions

## **Speaker Spotlight**



## Kay Parker

Kay began volunteering with Operation Christmas Child four years ago. She looks for high impact ministries to make an impact with and Operation Christmas Child is one. Kay will be speaking about the mission of Operation Christmas Child and how the Atlanta Woman's Club can help.

Kay Parker has deep roots in the city of Atlanta. She was born at Crawford Long Hospital in Atlanta where her mother also worked in the Lab. Her grandfather died before she was born but Kay has pictures of him selling his farm goods at the Peachtree Street Farmers Market. Farmers lined the street with their wagons and sold produce to the city folks. Her grandmother also grew up on a farm on Morningside Drive. In addition, Kay graduated from Georgia Tech and her husband works at Coca-Cola. Kay lives in Athens now but is a true Atlantan at heart.

#### President's Message cont'd

she asked me ,"How do you make it all work? How do you all agree on where you are going and how you are going to get there?!" I have to admit that answering her questions was a challenge and made me think of all the ways we get things done as a group of women with diversified backgrounds, ages and life experiences! But I believe that's what makes the Atlanta Woman's Club work so successfully!

I remembered a poem I had read about the ABC's of teamwork and tried to explain to Ellen how we are able to accomplish all that we do -- not just because of our mutual respect for each other but for so many other reasons that make us work like a well-oiled machine. I would like to share that poem with you.

# **Teamwork Is...**

Acting as one. Believing in each other. Committing to excellence. Doing whatever it takes. Embracing a common vision. Fostering group intelligence. Giving the benefit of the doubt. Harnessing the power of many. Inspiring cooperation, not competition. Juggling skills and talents. Kindling collaborative genius. Looking out for each other. More 'we' and less 'me' thinking. Not minding who gets the credit. Overcoming obstacles together. Putting principles before personalities. Quickly resolving differences. Recognizing each other's strengths. Sharing the workload. Treating each other with respect. Utilizing everyone's skills. Valuing everybody's input. Working side by side. Xpecting exponential results. Yearning to succeed together. Zestfully wanting to make a difference.

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While I don't think I will ever change my sister's mind on joining a woman's club, I do know she was very impressed with the Atlanta Woman's Club and our accomplishments. My sister, a retired teacher, said to tell you all that you have obviously learned you ABCs very well! I couldn't agree more.

#### Karen Clydesdale, President 2012-2014 GFWC Atlanta Woman's Club

Next luncheon date: October 14, 2013 Please R.S.V.P. to Judith Behrens! judithmbehrens@gmail.com

# Public Issues Program News

By Lisa Banes



#### Did you know...

GAFWC's web site is the fastest, easiest way to send Action Alerts to your representatives and other government officials?

From the GFWC home page (<u>http://www.gfwc.org</u>), simply select Public Policy from the links in the header; then choose Take Action. Enter your zip code and you will be taken to a page that outlines GFWC's Priority Issues and Featured Alerts.

Clicking on each Alert displays even more detailed information, a suggested message that you can personalize if you choose and a list of appropriate recipients. You can choose to write to all officials with one click or individually. Choose your recipients and delivery method (email or printed letter), hit Send Message, and you're done.

To make sure you're always in the know, you can even sign up for timely Action E-List alerts as well as to receive a weekly email report on how your representatives are voting! Your input is important. Take the time to let them know what you think.

#### Is your skin combat ready?

What does a luxury skin-care professional know about heavy combat? Enough to know she could help make life more comfortable for soldiers serving in harsh conditions.

Sara Damelio created her beauty product line, skincando, for her own sensitive skin and to beautify her clientele. One of her best-selling products was a cure-all cream called Combat-Ready Balm because it battles an array of skin issues (eczema, sun- and windburn, diaper rash, etc.) without containing any harsh chemicals. When a customer mentioned that her husband, serving in Iraq, was complaining about sand flea bites, Sara sent him jar to try. He loved it; he shared it with his buddies; and soon soldiers were clamoring for more of her "magic balm," which relieves itchy sand flea bites, razor irritation, dry skin, blisters, and sores created by carrying heavy gear.

Operation Sand Flea was born, and the company has been donating Combat-Ready care packages to US troops since 2005.

Now you can support her efforts by donating these soothing kits to troops (shipping is free!). At the same time, why not pick a few products for yourself, too, and give your own skin a fighting chance? To order or donate, see <a href="http://skincando.com/donations">http://skincando.com/donations</a>.

#### Election Day is Tuesday, November 5.

Polls will be open from 7 am - 8 pm. For details on candidates, polling places and early voting options, please visit these official sites:

- <u>www.atlantaga.gov</u>
- <u>www.sos.ga.gov</u>

#### 11Alive (WXIA-TV) is seeking a total of 178 volunteers to help report results from the Atlanta Mayor's race on Tuesday, November 5.

Volunteers must be able to be at their assigned location promptly at 6:30 pm and remain there until the polls close and ALL votes are tallied and posted (which could be as late as midnight). Once official poll workers post final results, the volunteer will simply call into the television station to report the numbers. All polling places will be within the Atlanta Metro area; specific locations will be assigned closer to election day. To volunteer, please email lisabanes@nolossforwords.com

**Conservation Program News** 

By Karen Johnson



#### Scarecrows!!

Conservation CSP created a Scarecrow to represent the AWC in the Botanical Garden's upcoming Scarecrows in the Garden event. The event runs the entire month of October, and features 100 different scarecrows made by various individuals and organizations in the

City. Conservation CSP decided to create our scarecrow in honor of Nellie Peters Black, an esteemed early member of the AWC and Georgia Woman of Distinction who was featured in a documentary screened at last month's club meeting. Along with our Nellie Scarecrow is a child scarecrow since Nellie was an early advocate for getting children out of factories and into schools. Club members Penny Blackford, Page Henry, Judith Behrens, Judine Heard and Karen Johnson designed and built our scarecrows and Lisa Banes, Beth Jetha, Cimi Douglas and Billie Harris were involved behind the scenes in concept, shopping and design. We will have a sign with our Nellie that will have the Woman's Club name, the scarecrow's name and will include a QR code to the club website where we have posted information about her.



Plan to attend this Atlanta Botanical Garden event in the month of October!

Click here: Scarecrows in the Garden | Atlanta Botanical Garden

#### NATIONAL WILDLIFE FEDERATION HIKE AND SEEK

Conservation CSP has entered a AWC team into the upcoming National Wildlife Federation Hike and Seek Fundraiser at Piedmont Park. We need at least 8 more members to join our team for Atlanta Hike & Seek on November 2nd! This is a bring-the-family event. Discover a new playground and inspire your children to explore the great outdoors. Hike & Seek is an easy, interactive way to enjoy family fun and help kids benefit from outdoor time. Best of all—it's fun! We're spending a few hours on an autumn Saturday hiking along an easy trail with stations featuring live animals, naturalists, crafts and more! Ranger Rick will also be on hand for great photo opportunities! Inspire a child's sense of adventure, or discover your own, and help raise funds for vital NWF programs like Green Hour, Nature Find, and Schoolyard Habitats that help get kids back outside.

Visit our AWC team page at the link below and sign up for the team or let Karen Johnson know that you'd like to join. Once you sign up you will be able to visit the Participant Center and send email invitations to encourage your friends and family to join you and/or donate to the event. AWC Conservation CSP will donate to make up for any shortfall in our total team pledge of \$1000 to the event.

#### Click here: National Wildlife Federation

Our participant team login is "womansclub" and the password is "conservationcsp".

And while you're at it, why not order the NWF's Award Winning Ranger Rick Magazine for that special child in your life. See the link below:

<u>Click here: National Wildlife Federation's Children's</u> <u>Magazine Center</u>

Go, Bookworms, Go! By Melodie Rogers



October 21 is the next book club meeting. It will be at Paige Henry's house. We are reading Anne Jones's book *Tides of Fear.* 

## **International Program News**

By Pat Walsh

Please bring your UNICEF boxes. We will be collecting food for World Food



Day and we will distribute the Operation Christmas Child shoeboxes. Our speaker for International will be from Operation Christmas Child. The Committee would like to thank everyone for participating in UNICEF and Operation Christmas Child. Our food and or cash donations will be delivered to the Atlanta Food Bank. Also, please let me know if you would like to join the International Committee!

### **Home Life Program News**

By Judine Heard



#### **Breasts Cancer Awareness Month**

One in eight women will be diagnosed with breast cancer in their lifetime. Most people are aware of breast cancer, but many fail to take the steps to detect the disease in its early stages. When breast cancer is detected early, the five-year survival rate is 98% For information on creating an early detection plan visit http://www.earlydetectionplan.org/.

October 18 is National Mammography Day. Screening can help reduce the number of deaths from breast cancer from ages 40 to 70. If you are at risk or in the age group, speak to your doctor about being screened.

**Tallulah Falls School News** 

By Lucy Willard



Athletes of the Month were awarded in late September. We are so very proud of our athletes!

The October 10th Orientation has been cancelled. We will reschedule after the holidays.

#### It's Time To Play Bridge!

Our club is doing so many wonderful and exciting things. One of the new things we are about to launch is the reinstating Bridge for our Club members. We are looking for those ladies who know how and want to play Bridge, those who have not played Bridge for years but would like to play again, and those ladies that have never played Bridge and would like to learn. We will be playing social, contract Bridge, which means it is for fun. Ginger Foshee has agreed to be our teacher. She is very enthusiastic and has many great ideas to make lessons easy and fun.

If you are interested in checking this out, Ginger will be having a short meeting after our regular meeting on October 14<sup>th</sup>. If you are interested or have any questions, you can contact Ginger at gingerfo@bellsouth.net

# Sign Up for the AWC Blood Drive!



The AWC will be hosting a blood drive at the Wimbish House from 10am-3pm on Friday, January 3, 2014. Please talk this up with your family and friends and encourage them to sign up.

Please visit www.redcrossblood.org and enter sponsor code: **atlwc** to register. If you are not accessible to the internet, call Judine at 404-768-8376 and she can register you. She can also register you after October's meeting.

# **CLUB OPPORTUNITIES**

#### Women's History Chair

Are you the type of person who loves History? Are you particularly interested in women's history? The AWC is looking for someone who can share, celebrate and voice women's history in meaningful ways throughout the year. This can be by submitting interesting historical facts about our club or other significant facts about women to the newsletter or simply providing a quote on the agenda each month. March is Women's History Month and we always participate in the Phoenix Flies event. The Women's History Chair would be responsible for organizing this event , which has been a great success for our club. The GFWC Handbooks provides a wealth of ideas on page 228.

Sarah Helen Kilgore is our club Historian and has been instrumental in providing us with information about the history of our club. Sarah Helen will remain as the Historian. The new position of Women's History Chair will provide information not just about our club but women's History in general.

Please contact me if you have an interest in this and I will be happy to provide you with any additional information.

#### **Public Relations**

As I have stated before, the AWC does not like to brag about its accomplishments. We work very hard to make our community, country and world a better place. We do it because we love what we do and we do it without fanfare. Today's world is a world of instant communication and we at the AWC have embraced the social media technology to remain current and vibrant. As part of that, we need to promote our club and our accomplishments. We are doing this on our Facebook page but we are not doing it within our larger organization. I am looking for someone who will be responsible for coordinating with GFWC and GFWC GA to keep them informed about the activities of the AWC. Every Saturday you all should get a copy of News and Notes in your email. There are so many activities listed here that we do but never get to promote because we do not have one person responsible. If you are interested in coordinating this information please let me know.



**Helpful Links** 

AWC's Facebook Page: http://www.facebook.com/TheAtlantaWomansClubEst 1895

AWC's LinkedIN Page: http://www.linkedin.com/groups/Atlanta-Womans-Club-4384622/about

GFWC Georgia's Facebook Page: www.facebook.com/GaFWC

GFWC's Facebook Page: www.facebook.com/GFWCMembers

To receive the GFWC's's **News & Notes Weekly Bulletins,** please sign up at: <u>www.gfwc.org/gfwc/Join\_Our\_Mailing\_List.asp</u>

#### **Officers**

Karen Clydesdale, President Cimi Douglass, 1st Vice President Dinah Peevy, 2nd Vice President Ellen Milholland, Recording Secretary Ruth Yurchuck, Corresponding Secretary Barbara Culmer-Ilaw, Treasurer Page Henry, Assistant Treasurer Karen Johnson, Parliamentarian

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#### **Community Service Program Chairs**

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#### **Committee Chairs**

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