

Reminders:

- Bring donations for the Midtown Assistance Center: toilet paper, toothpaste, canned fruit, tuna, disposable razors
- Deadline for June newsletter articles: May 18th

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Home Life Department

by Judine Heard

National Stroke

Awareness Month

May is National Stroke Awareness Month. It is a time to educate and spread awareness about stroke prevention, symptom recognition and recovery. For every minute that brain cells are deprived of oxygen during stroke, the likelihood of brain damage increases. By knowing the symptoms you can Act F.A.S.T. and "Save a Life."

THIS MONTH'S

SPEAKER: A representative from the Midtown Assistance Center will be our guest speaker this month. The mission of the Midtown Assistance Center is to provide emergency assistance to the working poor during times of crisis.

New Officers:

Shirene Daniels, 2nd Vice-President of the Georgia Federation of Women's Clubs will be installing the new officers at our May 12th meeting.

If you think someone may be having a stroke, Act F.A.S.T. and do this simple test:

Act F.A.S.T.	
Face	Ask the person to smile. Does one side of the face droop?
Arms	Ask the person to raise both arms. Does one arm drift downward?
Speech	Ask the person to repeat a simple sentence. Are the words slurred? Can he/she repeat the sentence correctly?
Time	If the person shows any of these symptoms, time is important. Call 911 or get to the hospital fast. Brain cells are dying.

Call 9-1-1 immediately if you have any of these symptoms:

- Sudden numbness or weakness of face, arm or leg - especially on one side of the body; Sudden confusion, trouble speaking or understanding;
- Sudden trouble seeing in one or both eyes;
- Sudden trouble walking, dizziness, loss of balance or coordination; or
- Sudden severe headache with no known cause.

(Source: National Stroke Association)

Donations Needed:

Home Life would like to have a large box filled with items from its wish list to present at the meeting. If you have the opportunity while shopping to pick up the following items and bring to the meeting, it would be appreciated:

- Toilet paper
- Toothpaste (Freshmint)
- Disposable Razors
- Canned Fruit
- Canned Tuna

National Nurses Day is May 12, the birthday of Florence Nightingale, the founder of modern nursing. Nurses are dedicated individuals. Many of our members are nurses and have served in positions from staff nursing to educators. If you have not spoken with a friend who is a nurse lately, give her/him a call to see how they are doing.

2008 Members Tea & Open House

On April 20th, the Wimbish Mansion was open for high tea. Reba Morrison, our Tea & Socials chair, with the help of Chef Jeff of the Opera Club (next door) pulled together a delightful event.



Tables exquisitely set for tea



Above (left to right):
Maerene Fischer, Maxine
Parker, Karen Clydesdale &
Betsy Vogel

Below: our presidents, past and present, pose with Marilyn Vance - left to right: Karen Thompson, Daisy Aukerman, Susie Carter, Sarah Helen Kilgore, Lucy Willard, Marilyn Vance.



One of the highlights of the afternoon was the recognition of Marilyn Vance for her service to the Atlanta Woman's Club for 50 years.



Above : left to right, Lucy Willard, Marilyn Vance and Sarah Helen Kilgore



Above: Valerie King, Admin. Assistant of the Ga.Fed. of Women's Clubs catches up with Judine Heard, Home Life Chair

Heads Up: Upcoming Meetings & Conferences

GaFWC State Institute, State Board and Junior Board

August 22-24, 2008 at the University of Georgia

Georgia Center for Continuing Education

Conference Center and Hotel

Athens, Georgia

117th GFWC Annual International Convention

June 28 - July 1, 2008

Chicago Hilton & Tower - Chicago, Illinois

Register online by May 23:

http://gfwc.org/content_2489.cfm

At the The High Museum³

At the Atlanta Botanical Garden: Sculpture in Motion - Art Choreographed by Nature: this exhibit runs through October 31st and features kinetic sculptures by 16 artists. The displays are powered by the elements and complement the garden environment. Exhibit is part of cost of garden admission.

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Artful Garden Tour - May 17, Saturday (rain or shine) 10 am to 5 pm: self-guided tour featuring art & sculpture in the garden landscape of 7 of the finest Atlanta homes in Loring Heights, Virginia Highlands, Druid Hills and Inman Park. All proceeds will benefit the High Museum. Tickets: \$20 in advance, \$25 at the door

Exhibits:

- At the Anne Cox Chambers Wing through May 18: **The Eye of Josephine**, includes over 30 works of art from the collection of

Through May 23, the High presents the **7th annual Film Festival of India**. Check their website for complete schedule: <http://www.high.org/experience/films/nowplaying.aspx>

antiquities installed by Empress Josephine Bonaparte at her residence outside Paris

- **The Louvre and the Ancient World** continues through September 7th, featuring the masterworks from Egyptian, Near East and Greco-Roman antiquities.
- **Southern Vernacular: 19th Century Southern Folk Art**, an ongoing exhibit features over 40 art pieces from the High's 19th Century Southern decorative art collection.

Films at the High

The High is also presenting a series of 4 films that feature Spanish actor, Javier Bardem, who recently won an Oscar for his chilling performance in *No Country for Old Men*. The movie series,

• **Young Americans**, on display until August 10th, includes portraits by Sheila Pree Bright, an Atlanta-based photographer, who captures the attitudes of young Americans towards their country.

• Street Life:

American Photographs from the 1960s and 70s, also on display until August 10th, is a permanent collection that includes photos by 4 different artists who captured the different social groups that lived on the edges of mainstream America.

called **Starring Javier Bardem**, runs through June 26th. Check the High website for the complete schedule: <http://www.high.org/experience/films/default.aspx?id1=1362> context.

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