



Atlanta Woman's Club Newsletter

Member, Georgia Federation of Women's Clubs

September 2009 Issue



1150 Peachtree Street N E, Atlanta, GA 30309 Telephone 404 870 8833 Website: www.atlwc.com

PRESIDENT'S MESSAGE

September 2009

I want to begin by welcoming you all to the Atlanta Woman's Club as we start our new year which begins in September and goes through June. In June of 2010, the AWC will have a new President and slate of officers, and, by then, I hope we will have accomplished much in our mission of philanthropic service. There is much to do, always.

We begin this year on September 14 with our General Meeting devoted to updating our members and guests on our mission and purpose--that is, our Club and Federation work. We will also address another area of focus this year: increasing our membership. I challenge each of you as part of a **New**

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SEPTEMBER: NATIONAL LITERACY MONTH

By Ruth Yurchuck,

Chairman

Education Department

September is generally recognized as **National Literacy Month**. As you know, we have supported Literacy Action, Inc. in recognition of their work to improve the state of literacy in Atlanta, where more than 800,000 adults are functionally illiterate. We will continue to provide support to this worthwhile organization, within the limits of our budget.

Each of us can promote literacy in our own way, and a simple thing like setting an example to others by reading daily is one such way.

Banned Books Week is the only national celebration of the freedom to read. The dates of this year's recognition are September 26 – October 3, 2009. Books are banned by various groups and communities for various reasons and include many "classics" of American literature such as *1984*, *Brave New World*, *The Grapes of Wrath*, and *Huckleberry Finn*. Check out Beth's article (on page 5) and the bannedbooksweek.org website for more information.

Readers, mark your calendars for the week of **September 23–27, 2009**, and visit the **50th annual American Association of University Women Book Fair** at Perimeter Mall during regular mall hours. You will find books of every description that are reasonably priced, so restock your personal libraries. And remember to keep your own reading lists to submit to me in December as part of the ESO program.

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PRESIDENT'S MESSAGE (continued from page 1)

Member Contest to invite all of your women friends and colleagues who may have an interest in working in humanitarian service to join the AWC and be with a terrific group of women of all ages. Attendance at two meetings is required before the Executive Board votes to approve membership. Beginning in September, the AWC member bringing the most new members, signified by payment of their dues, into the Club by our January meeting (and including that meeting) will receive a prize. This Contest will continue through May, with, again, another prize for the member who has, by May 2010, brought in the most members. We currently have 57 members. Let's see where we can take our membership by June.

In doing research for our 114-year history of the Atlanta Woman's Club, we are finding all kinds of interesting facts, one of which was that at one time the Atlanta Woman's Club had 1400 members and, by 1985, had "dropped to 230."

Today, we live in a very different world from 1895, when the Atlanta Woman's Club was founded, and even a very different world from 1985 when we had 230 members. As the Club has seen major changes and survived potentially devastating challenges since 1985, we know we continue to need to make the changes that will ensure our survival, our security, and our expansion as we move into the future.

As we "gear up" to enter 2010 with energy and enthusiasm, we must be abreast of the times, in our marketing, our website, our savvy with a variety of social media, our knowledge of what and how other non-profits are functioning, as well as knowledge of our own members and the talents and areas of expertise each of us brings. Importantly also, we must offer wonderful, supportive relationships in our membership, as well as fantastic opportunities for philanthropic service.

Music has always been very important in my life, so last year we added more music to our

meetings and began a singing group, the **AWC Singers**. This year, AWC Singers will rehearse on Sunday afternoons (2nd Sunday of the month only), just in time to sing at our General Meetings, as well as other venues in the community, especially during the holidays. All who enjoy singing are welcome to join the AWC Singers.

Thank you for the honor and privilege of serving as your President. Thank you all, too, for what each of you means and brings to the Atlanta Woman's Club. The good work we do as a Club is dependent on each of us. I look forward to our work together this year!

Karen M. Thomson, Ph.D.

President, Atlanta Woman's Club, 2008-2010



CONSERVATION NOTES

By Ellen Milholland

Chairman

Conservation Department

Did you know that Georgia does not have any natural lakes? Georgians are dependent upon our rivers not just for recreation activities such as canoeing and fishing but for our drinking water supply which also supply our man-made lakes and reservoirs such as Lake Lanier.

Help clean our rivers, streams, lakes and wetlands... throughout summer and fall.

That is why Georgia Rivers Alive is such an important annual event. This is your opportunity to help protect one of our most precious resources. Help clean our rivers, streams, lakes and wetlands by joining in support of Rivers Alive; see <http://www.georgiaadoptastream.com/RiversAlive>

Because this is such an important event, it is not limited to just one day. Organizations have organized river cleanup days throughout the summer and fall.

October 10th, Saturday will have the greatest

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PUBLIC AFFAIRS DEPARTMENT NEWS

By Lisa Banes,
Chairman

Join us! If you are interested in working with the Public Affairs Department, please contact Lisa at lisabanes@nolossforwords.com or 404.885.9942.

Planned Parenthood of Georgia Seeks Interns

Planned Parenthood, which helps connect women and men with health care and youth with educational programs, is hiring interns in Atlanta to serve in one of three areas:

- Outreach/External Affairs
- Public Policy
- Teen Action Group

Each internship is in a different department and has different requirements, generally a commitment of 10 – 20 hours/week per semester, and offer a stipend.

For internship descriptions, applications or more details, see <http://www.plannedparenthood.org/georgia> or call 404-688-9305.



Above: Judine Heard sets up

<http://picasaweb.google.com/FetchBruce/July2009GeorgiaJusticeProjectBack2School?feat=directlink>

The Georgia Justice Project is an unlikely mix of lawyers, social workers and a landscape company that works to provide justice, opportunity and hope to poor people accused of crimes. Win or lose, GJP stands with clients while they rebuild

Above, right: Karen Bacheller with their lives. For more information, see <http://www.gjp.org>.

AWC Volunteers Make Back-2-School Event a Success

THANK YOU to all who helped with the Georgia Justice Project's Back-2-School event on Saturday, July 25 at John Hope Elementary. AWC volunteers helped with set-up and break-down, backpack distribution, lunch preparation and service, health and dental screenings, play areas and more. We had a great time and met lots of nice people!

To see more event photos, go to



GA Justice Project Volunteer

A Must-Read: *Women at Arms* in the New York Times

"The wars in Iraq and Afghanistan are the first in which tens of thousands of American military women have lived, worked and fought with men for prolonged periods. Wars without front lines, they have done more than just muddle the rules meant to keep women out of direct enemy contact. They have changed the way the United States military goes to war." This excerpt is from *Women at Arms*, a special series now running in the New York Times newspaper that explores the profoundly redefined role of women in today's military. To read this enlightening article about the heroism of these brave women, go to

http://topics.nytimes.com/topics/news/us/series/women_at_arms/index.html?ref=us.

CONSERVATION NOTES (continued from page 2)

number of groups organized across the state and cleaning our rivers. About three hours is spent in actually cleaning with additional time spent on socializing, eating and educational activities.

Volunteers will be cleaning up Little Nancy Creek on October 10 from 9:00 AM until noon. If you would like to participate, contact Kevin McCauley kpmccauley1@netscape.net of nbca.org. If you are interested in joining a group closer to your home, check out <http://www.georgiaadoptastream.com/RiversAlive> for cleanup events or email me at Ellen@milholland.com.

Green Tip for September

Get a head start on your fall and holiday cleaning and use “green” cleaning products. You might want to try “Green Works.” Sierra Club has partnered with Green Works to promote environmentally sensitive cleaning products. More information can be found at <http://www.sierraclub.org/greenworks/>

I use lemons, salt (yes, good old-fashioned salt), baking soda and vinegar for nearly all my cleaning tasks. You may have grown up using these “products” and know that they are effective, inexpensive and healthier to use than commercial products which contain caustic fumes and chemicals.

Here are some handy tips from the Sierra Club for using these products:

Vinegar naturally cleans like an all-purpose cleaner and also works well as a deodorizer and disinfectant. It is safe to use on most surfaces and has the added bonus of being inexpensive.

Improperly diluted vinegar is acidic and can eat away at tile grout. **Never use vinegar on marble surfaces.** You shouldn't worry about your home smelling like vinegar because the smell disappears when it dries.

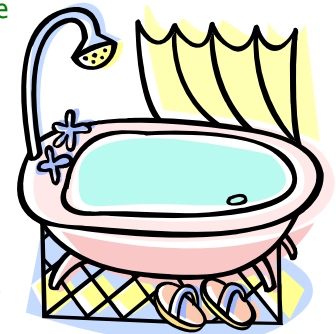
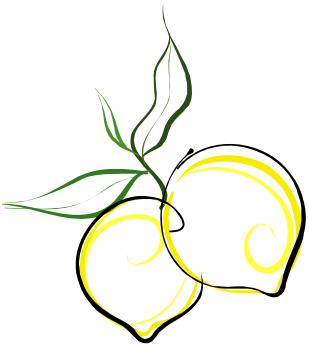
Lemon Juice is another natural substance that can be used to dissolve soap scum and hard water deposits. Lemon juice combined with salt is a great substitute to clean and shine brass and copper. It also can be mixed with vinegar and/or baking soda to make cleaning pastes.

Baking Soda can be used to scrub surfaces in much the same way as commercial abrasive cleaners. Baking soda is a great deodorizer when placed inside the refrigerator and freezer to absorb odors. Put it anywhere you need deodorizing action.

Hydrogen Peroxide is a disinfectant that can also be used as an effective bleach alternative in the laundry room. Because it's also a powerful oxidizing agent, it works especially well on food, soil, plants, blood and other organic stains. Just make sure to spot test in a discreet area because, like bleach, hydrogen peroxide **may lighten fabrics.**

Salt: perfect for cleaning grungy ovens, this natural abrasive is also great for soaking up fresh carpet stains such as red wine, coffee or ink.

Afraid to make the change? Start gradually. Try cleaning your bathtub or shower with a cut lemon dipped in salt. Rinsing is a breeze and your bath will smell like lemons. Have mildew in the shower? Soak cleaning cloths in vinegar. Place over the mildew for 15 minutes, remove the cloths and rinse the area thoroughly. Your black mildew will have disappeared.

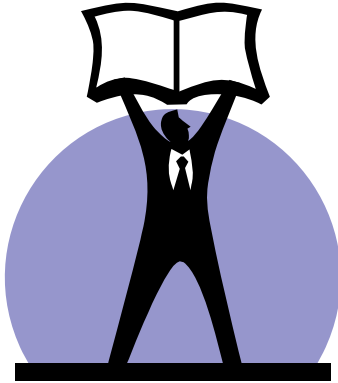


MARK YOUR CALENDARS : Plan to attend the *5th District Luncheon Meeting* on October 15th at Bones Restaurant (Buckhead). Register with Ruth Yurchuck by Oct. 9, Friday; pay \$25...*Southern Region Meeting* will be held on the weekend of **Oct. 23 – 25** in Greenville, SC...*AWC Holiday Party* is scheduled for **Thursday, Dec. 10th at 7 p.m.** Cost:\$30 per person, \$60 per couple; black tie optional.

Celebrate the Right to Read

by Beth Jetha

In 1982, the very first celebration of the freedom to read was established to draw attention to book censorship. Endorsed by the Center for the Book of the Library of Congress and sponsored by the American Library Association and other writers' & bookseller organizations, Banned Books Week is held during the last week of September each year. This year, it is celebrated from Sept. 26th – Oct. 3rd. Banned



Books Week (BBW) creates national awareness of book censorship. This type of censorship blocks one's freedom to choose reading material. According to the American Booksellers Foundation for Free Expression (ABFFE), a **book challenge**, is an attempt to block a particular written work from being accessed because that book may have words, scenes or passages that are deemed objectionable. A **banned book** is one that is actually removed from the community. The ALA and the ABFFE encourages everyone



to read challenged or banned books. A list of banned and challenged books (from the website, <http://author.forbiddenlibrary.com>) includes numerous literary classics: Milton's **Paradise Lost**, Shakespeare's **Hamlet**, **King Lear** & **Twelfth Night**, Margaret Mitchell's **Gone with the Wind**, Hemingway's **Of Mice and Men**, Lee Harper's **To Kill a Mockingbird**, Ray Bradbury's **Fahrenheit 451** (ironically, this book is about censorship & book burning), Lewis Carroll's **Alice's Adventures in Wonderland**, and Chaucer's **Canterbury Tales**. In 1994, **The Complete Fairy Tales of the Brothers Grimm** was restricted (to 6th – 8th grade classes only) in the Kyrene elementary schools in Arizona because of "excessive violence, negative portrayals of female characters and anti-Semitic references". Works by contemporary writers like Toni Morrison, Stephen King and J.K. Rowling have also been challenged in different communities. Challenge attempts against Darwin's **On the Origin of the Species** are probably not too different from the religious objections that successfully banned the **Talmud**, the **Quran** and Galileo's **Dialogue Concerning the Two Chief World Systems**. One of the most notorious censorship attempts in more recent history that included a physical threat to the author involved the book **The Satanic Verses**, by Salman Rushdie. Outside the United States, Amnesty International also tries to promote BBW's work year-round by drawing the attention of the global community to writers who are persecuted for their work.

If you are faced with book censorship in your community, contact the American Booksellers Foundation for Free Expression (ABFFE) which works to defend the freedom to read; their email address is: info@abffe.com Want to do more for BBW? Go to www.bannedbooksweek.org.

(Sources: The American Library Association, The American Booksellers Foundation for Free Expression, Banned Books Week website, www.bannedbooksweek.org)

SEPTEMBER – NATIONAL OVARIAN CANCER AWARENESS MONTH

By Beth Jetha

This month, the National Ovarian Cancer Coalition(NOCC) is encouraging public awareness of ovarian cancer. Early detection of this disease is still next to impossible. By the time a woman is diagnosed with ovarian cancer, she is already in the advanced stages of this disease. Women need to be aware of the risk factors: if you have a first degree relative who had it (a sister or mother), if you have never borne children or have had infertility issues, and if you are or were obese. Symptoms can manifest as abdominal swelling, urinary problems, fatigue and pelvic pain. If you feel you might be at risk, talk to your doctor. Visit the website www.ovarian.org to learn more about this devastating disease. To see what you can do, contact the Georgia Chapter of the NOCC at ga.nocc@ovarian.org. Their telephone number is 706 342 2039; fax number 706 342 9634.

ATLANTA WOMAN'S CLUB ROSTER OF OFFICERS

Officers

President: Karen Thomson (2008 - 2010)
First Vice-President & Membership Chairman: Karen Bacheller (2009 - 2010)
Second Vice-President, Dean of Departments: Betty Daniels (2008-2010)
Recording Secretary: Pat Walsh (2008 - 2010)
Corresponding Secretary: Lisa Banes (2009 – 2010)
Treasurer: Beth Jetha (2009 - 2010)
Assistant Treasurer: Sandra McNeil (2009 - 2010)
Parliamentarian: Myra Carmon (2009-2010)

Board of Trustees

Karen Clydesdale - Chairman (2009 - 2011)
Karen Bacheller - Co-Chairman (2009 - 2010)
Karen Thomson - AWC President
Judine Heard - Secretary
Beth Jetha - AWC Treasurer
Sandra McNeil - AWC Assistant Treasurer
Bonnie Kent - Trustee
Bobbie Kraus - Trustee
Myra Carmon - Parliamentarian

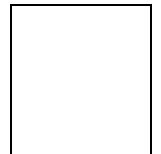
Department Chairmen

Arts - Jill Muir
Conservation and Gardens - Ellen Milholland
Education - Ruth Yurchuck
Home Life - Judine Heard
International Affairs - Pat Walsh
Public Affairs - Lisa Banes

Committee Chairmen

Daisy Luckey Aukerman – Advisory committee
Judine Heard [Interim] - Bridge
Beth Jetha - Budget committee, Newsletter
Carriann Banacki-Gillert – Decorating committee, Social committee
Sarah Helen Killgore - Historian/Women's History and Resource Center
Lisa Banes and Karen Clydesdale - Marketing (Website, Logo, Press Kit, Brochures)
Lisa Banes [Interim] and Ruth Yurchuck [Interim] - Special Issues
Lucy Willard - Tallulah Falls School
Judine Heard and Bobbie Kraus - Telephone committee

Atlanta Woman's Club
1150 Peachtree Street
Atlanta, GA 30309



ADDRESS CORRECTION REQUESTED

Atlanta Woman's Club Meeting Schedule

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SEPTEMBER						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- Speaker: Emily Ellison, Executive Director of Literacy Action, Inc.
- UNICEF boxes to be distributed
- Ovarian Cancer Awareness month
- National Cholesterol Education Month
- Sept.15-Oct.15 National Hispanic Heritage Month

OCTOBER						
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25	26	27	28	29	30	31

- Speaker sponsor: Int'l. Affairs Dept.
- **Oct. 9: Deadline to register for 5th District meeting \$25; see Ruth Yurchuck**
- UNICEF boxes due back
- Breast Cancer Awareness month
- National Book Month; Learning Disabilities Month
- **Oct 23 - 25 Southern Regional Meeting, Greenville, SC**

Atlanta Woman's Club

1150 Peachtree Street N. E.

Atlanta, GA 30309

Telephone 404 870 8833

Fax 404 876 1991

Website: www.atlwc.com

Remember: throughout the year,
we collect Campbell's soup can labels,
old cell phones with SIM cards,
pull tabs from soda cans,
new socks & gloves for VA Hospital
patients and old eyeglasses.

NOVEMBER						
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29	30					

- AWC's 114th Birthday Celebration
- Ga.Federation of Women's Clubs speaker
- bring Christmas shoe boxes
- National Diabetes month
- American Education & Children's Book Week

DECEMBER						
S	M	T	W	Th	F	S
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20	21	22	23	24	25	26
27	29	30	31			

- Arts & Home Life Departments will host this month's speaker
- National Drunk Driver Prevention Month
- Inner Harbour, Silent Auction
- **Dec. 10 , AWC HOLIDAY PARTY,**
7 p m, Black Tie Optional, \$30 per person, \$60 per couple

Atlanta Woman's Club Meeting Schedule

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JANUARY						
S	M	T	W	Th	F	S
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24	25	26	27	28	29	30
31						

- Public Affairs month: speaker to be announced
- National Crime Stoppers month
- National Mentoring month

FEBRUARY						
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21	22	23	24	25	26	27
28						

- Tallulah Falls School Update
- Black History month
- Eating Disorders Month
- Dental Health Month

MARCH						
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21	22	23	24	25	26	27
28	29	30	31			

- Arts Department month: Student Arts at Grady High School
- Colorectal Cancer Awareness Month
- Women's History month
- International Women's Day, March 8

APRIL						
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25	26	27	28	29	30	

- **Membership Tea, 2-4 pm Sun. Apr. 11**
- Earth Day: April 22
- Federation Day: April 24
- American Red Cross month
- National Nutrition Month

MAY						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- Conservation month, speaker to be announced; AWC Officers Installed
- National Park/History Preservation day
- Teachers day; Elder Abuse Prevention
- National Garden Week

JUNE						
S	M	T	W	Th	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- Public Affairs month, speaker to be announced
- National Safety Month; Flag Day: June 14
- GFWC Annual International Convention in Omaha, date TBA