

March
2008

Atlanta Woman's Club

Reminders:

- Election, March 10th - come out and vote
- Save Campbell soup can labels

Highlights:

- Education 2
- Betty Daniels 3
- Candidates 4-5

President's Message

When you have the courage to shape your life expressing your true self, the essence of whom you are, you ignite and become truly alive. This requires letting go of everything that is inauthentic. How can you know what God created you to be unless you slow down, and humbly ask for guidance in your own quiet company? Our soul is daily gratified with advertisements, commercials, and the opinions of everyone who has ever known and labeled

you. Turning inward and examining ourselves requires a major clean-up for almost everyone.

Traveling to find our destiny requires crossing an unfamiliar abyss that is disorientating and confusing. If we are willing to cross with faith in curious and playful wonder, we enter an expansive world that has its own rhythm. We absorb this rhythm, time melts away and thoughts become our stories, music, poems, art and ideas.

This is the intelligence of our heart. It is comprised of a vast range of abilities, intuition, innovation, wisdom, creativity and sensitivity. This destiny of our heart uncovers our purpose and passion.

Are you familiar with your heart? Are you using it to shape the destiny of others and make a positive lasting difference in peoples lives? I choose to believe that destiny is our own creation. I chose to live with the vision inspired by our founders

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Why Water Conservation - Part 1

Betsy Vogel, Chairperson - Conservation Dept.

Without water conservation, Georgia will not be able to meet its water demands of the future.

Water users in Georgia and throughout the United States have been successful with water conservation initiatives. Reducing water use, waste, and loss can provide many benefits:

- Water conservation can reduce production costs and taxes. Georgia's Clayton County Water

Authority has saved \$9.00 in reduced water production for every \$1.00 invested in a water-conserving leak detection and repair program.

- Water conservation can save water resources for future generations. As population boomed and groundwater withdrawals increased, causing saltwater contamination on the coast, the City of Savannah, GA, reduced groundwater withdrawals 3.8 million gallons a day through a water-

conserving, toilet rebate and educational programs for city residents.

- Water conservation can protect water quality and the environment.

Increasing surface water withdrawals decreases stream flows. Lower stream flows are not able to assimilate, or wash away, waste and pollutants that threaten human and environmental health. The Metro North Georgia Water Planning District's

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President's Message

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after they crossed the abyss and created this institution.

We can join together and have great impact on our community, enriching the lives of others. Giving hope where there may have been none. I am humbled and honored to have been your President and have been given this opportunity but there is

still much to do.

I encourage our membership to attend the March 10th meeting when we shall elect officers and trustees. These Officers and Trustees will guide our club and facility for the next two years.

Those interested in taking leadership positions were encouraged at our

February meeting by the Editor of our newsletter, Beth Jetha, to submit a brief statement expressing their qualifications and interest. Please take a moment and read the articles submitted by those interested in taking on the various positions.

I look forward to seeing you in March!

Susie Carter

Education Department News - Phyllis Weisser & Ruth Yurchuck, Co-chairs

Ruth Yurchuck, Betty Daniels and Phyllis Weisser delivered 57 books/book sets to CW Hill Elementary School in February. The Media Specialist was thrilled with the gift!... Grab your hat and read with the cat! **March 3, 2008 is Read Across America**, sponsored by the National Education Association, to celebrate Dr. Seuss's birthday. It is the nation's largest

reading celebration . There are reading resources for all age levels and you can check them out on the NEA website, www.nea.org/readacross. **Freedom of Information (FOI) Day** is an annual event co-hosted by the American Library Association and the Freedom Forum on or near March 16, the birthday of James Madison. Madison is widely regarded as the Father of the Constitution

and the foremost advocate for openness in government. The 2008 FOI Day will take place on March 14, 2008...

Volunteers Needed

If you would be willing to spend 1-2 hours each month helping in the CW Hill Media Center, please contact Phyllis Weisser at 770-391-3556 or by e-mail at pcweisser@yahoo.com.

Members Tea : Sunday, April 20, 2008 - Mark Your Calendar

The Atlanta Woman's Club **Annual Members Tea** will be held on **Sunday, April 20, 2008, from 2:00 - 4:00 p.m.**

Each year, the Atlanta Woman's Club sponsors a tea. Members wear hats and bring guests. Club

members are asked to submit the names and addresses of their guests to Reba Morrison, our Social Events Committee Chairman, who is coordinating this tea. Reba will send invitations to your guests for this event.

Reba's email address is: skipandreba@hotmail.com

You may also call her at 404 633 8604. Her mailing address is: Reba Morrison, 491 Princeton Way, Atlanta, GA 30307



“We can join together and have great impact on our community, enriching the lives of others...”



Why Water Conservation - Part 1

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11 conservation measures were adopted, in part, to help ensure the streamflows needed to assimilate waste.

- Water conservation can expand the life of existing supplies. The costs of developing new water sources are increasing annually. Athens/Clarke County, GA, hired a full-time coordinator to implement their water conservation plan in an effort to extend the life of their existing and limited water supplies.

As much as 60% of all household water use in the summer months is used outdoors for landscape purposes.

Water conservation is the "beneficial reduction in water use, waste, and loss" and is proven to be the most economical and environmentally protective means of meeting the challenges of water supply management. Water conservation activities can help us save water, save time, and save money year round, not just in the summer. Water Conservation activities can have many benefits. If you water smart, you can:

Save Your Plants - established lawns require only about one inch of water every seven to ten days. Over-watering encourages shallow root growth, which causes

grass to lose its ability to survive drought. For more information on saving your plants, go to [Outdoor Conservation Tips](http://www.conservewatergeorgia.net) (www.conservewatergeorgia.net).

Save Your Pocketbook - watering your lawn can be expensive. Water providers are beginning to adopt conservation rate structures throughout Georgia. In other words, the more you use, the more you pay.

Save Your Environment - high water demand requires more water be withdrawn from natural sources. By reducing our demand, we can leave water in streams, rivers and aquifers to protect aquatic wildlife and to wash away pollutants that threaten human and environmental health.

To: AWC Membership
From: Betty Daniels, 2nd
Vice-President and Dean
of Departments

In keeping with the March theme of Student Art, our speaker for March 10th meeting will be Mr Brandhorst, Art Department Chair, Grady High School. He will talk with us about Grady's student art program. In the past Atlanta Woman's Club has sponsored Students for the GFWC competition but we will be too late for this year. With Jessie Swieter and Jill Muir as our new co-chairs of the Art Department, we can again establish a relationship with the school.

Indoor Conservation Tips

- Wash only full loads of dishes and laundry. You'll not only save water, but energy as well.

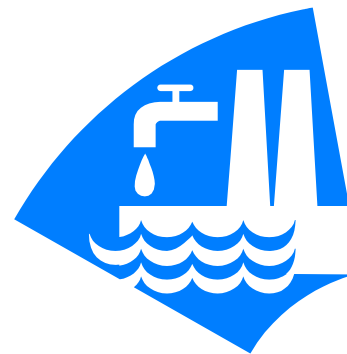
- Take a shower instead of a bath. Filling the bathtub uses about 50 gallons of water and you can save 30 gallons by taking a shower.

- Shorten your shower to five minutes. Cut back on your shower time and you will rack up big savings in water and energy. Also, install a water-saving showerhead that uses 2.5 gallons/minute.

- Think before you flush. Every flush you eliminate can save between two and seven gallons of water.

- Fix leaking faucets and toilets. An average of 8% of all home water use is wasted through leaks. Test for a leaking toilet by lifting the lid off the toilet tank and putting a few drops of food coloring into the bowl. Wait a few minutes, then look in the bowl. If the food coloring has made its way there, you have a leak.

- Turn off the lights when you are not in the room and cut the air conditioner back when you are not at home. Energy is produced using large volumes of water. Reducing energy demands can reduce the water needed to produce that energy.



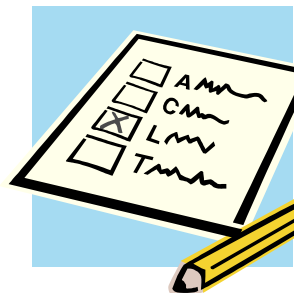
"...Water conservation is the 'beneficial reduction in water use, waste, and loss'..."

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March 10 - Election of Officers

Atlanta Woman's Club members in good standing are eligible to vote on March 10th. Members will be voting for club officers in these positions: President, Membership/First Vice President, Treasurer, Assistant Treasurer, Recording Secretary, (2) Trustees. Term of office is 2 years.

The articles that follow have been contributed by the candidates who have been nominated for these positions:



President (Incumbent: Susan Carter)

Ruth Yurchuck: " Lucy Willard asked me to be a candidate for President of the Atlanta Woman's Club (AWC). After reviewing the responsibilities of President in the bylaws, I feel prepared to assume this position. The President's primary responsibility is to direct the club in Federation work, the heart of our obligation as a club. My

background in Federation work includes attending all Georgia Federation of Women's Clubs (GaFWC) Conventions and annual Institutes since 2001. I have served as Treasurer of Fifth District GaFWC since 2004. Within our Club, I have served as 2nd Vice President, Chair or Co-chair of Education and Conservation departments,

parliamentarian, member and secretary of the Board of Trustees. I am confident that I can lead AWC members in Federation activities, work with the Board of Trustees and the Executive Committee to provide Club oversight, and expand our presence in the community."

"We, as Southern women, owe a greater debt to our fellow beings than the women of other sections. We have been the exotics of civilization: reared in the lap of luxury, with more time at our command than ordinarily falls to the lot of women, guided by mothers and grandmothers, not only endowed with superior intellect, but with that graceful tact, which enables a woman of education and brilliance to carry conviction in all she says."

October 29, 1896

Rebecca Lowe

President, Atlanta Woman's Club, 1896-7

"Karen Thomson, a member of AWC since February 2002, has held positions of Parliamentarian, Home Life Chair, Corresponding Secretary, and, for six months, Recording Secretary. A Professor of English and Assistant to the Dean at Kennesaw State University, she taught college English for 20 years. A yoga teacher since 1974, she currently works as a professional pianist. Married to Dr. Tom Thomson for nearly 30 years, Karen has 4 adult step-children, and 8 grandchildren."

[Note: **Karen Thomson** and **Susie Carter** are running as Co-Presidents]

Treasurer (Incumbent: Sandra McNeil)

Phyllis Weisser: "I was graduated from Mary Washington College of the University of Virginia with a major in mathematics. I worked as a system analyst for the Bell System for 13 years. After my children were born, I was a stay-at-home mom doing volunteer work, including serving as PTA president, representative to the Local School Advisory Committee, program coordinator of the

Math Super Star program among other various positions. I served on the board of directors for the Alzheimer's Disease and Related Disorders Association in Atlanta for many years; two as treasurer. In addition, I spent several years in the Fulton County school system as a substitute teacher. I have also served on the Board of

Directors of my homeowners' association as secretary, newsletter editor and directory chairman. I joined the Atlanta Women's Club in February of 2007 and have been active with the bridge group, teaching bridge lessons in the fall of 2007. I am currently chairman of the Education Committee."

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Treasurer [continued from page 4]

Sandra McNeil: "Thank you for the nomination of Treasurer and the opportunity to serve the Club an additional term. With my experience as Treasurer in other organizations and many years experience in accounting, I promise to give the Club my very best efforts. It would be my honor and privilege to once again serve you.

Assistant Treasurer

(Incumbent: Bobbi Kraus)

"**Karen Clydesdale** has been the President of her own Interior Design Company for the past 15 years. In addition to Project Management and Design, her responsibilities also include installing and maintaining a proper bookkeeping and accounting system as well as all recordkeeping. She is also responsible for analyzing and interpreting the financial results of the operation as well as reporting and

documenting all tax matters. *Design Fabrique* is located in an historic home in Roswell GA., which is owned by the Company. Other volunteer activities include: Past President, Homeowners Association, Coach/Mentor for the Leukemia and Lymphoma TNT Fundraising program and Garden Design Advisor to the Southeastern Flower Show."



Trustees (2 Positions to be vacated by Lucy Willard & Ruth Yurchuck)

"I am a candidate for the Atlanta Woman's Club Board of Trustees.

I have previously served on the board for two years. In addition, I have served on the Decorating and Nominating committees, presently co-chair the Bridge club, and I am responsible for ordering name tags for new members. In addition, I am passionate about the club's growth and ability to continue our mission as a leading Atlanta charity.

It would be my honor to serve on the board again.

Yours in Success,
Maerene Fischer "

"I am a candidate for the Atlanta Woman's Club Board of Trustees.

I have previously served as secretary to the Board of Trustees, chaired the International Affairs committee, co-chaired the Decorating committee, and presently chair the Bridge Club.

My understanding of the club's operations is fundamental to our success as a leading charitable organization.

It would be my sincere honor to serve again. I appreciate your consideration of me, and your vote.

Kind regards,

Maxine Parker"

5th District Meeting

The 5th District Georgia Federation of Women's Clubs (GaFWC) has a meeting on March 20th.

If you are interested in attending and/or serving as a voting delegate for the Atlanta Woman's Club at this meeting, kindly contact Susie Carter, by phone 678 352 9369 or by email, susancarter@bellsouth.net.

Date: Thursday, March 20
Place: Capitol City Club
Brookhaven
Registration: 10:00a.m.
Meeting: 10:30a.m.
Cost: \$25.00

Conservation (Continued from page 3)

Editor: Beth Jetha

PHONE:
770 565 3410

E-MAIL:
bjetha@bellsouth.net

In the Kitchen:

Refrigerate a bottle or glass of water instead of letting a faucet flow until the water runs cold.

Prepare food efficiently. Speed clean food by using a vegetable brush. Spray water in short bursts. Faucet aerators cut consumption.

Defrost sensibly. Plan ahead to defrost foods overnight in the refrigerator. Don't use running water. Use the microwave or put wrapped food in a bowl of cold water.

Reduce dishwashing. Use rubber spatula to scrape dishes clean to limit pre-rinse. Let really dirty pans or dishes soak to speed washing. Most newer dishwashers don't require pre-rinsing. Limit dishwasher use to full loads.

Re-use clean household water. Collect all the

water that is wasted while waiting for the hot water to reach your faucet or showerhead. Use this to water your houseplants or outdoor planters. Do the same with water that is used to boil eggs or steam vegetables.

Garbage disposal alternatives: Avoid using your garbage disposal. Compost leftovers fruits and vegetables.

High-efficiency clothes washers can save energy and water. Water savings realized from these new machines totals about 12 gallons per day or 5,500 gallons a year. Plus there you can save about \$42 a year in energy costs due to more efficient use of hot water.

In the Bathroom:

Use a glass for rinse water when brushing teeth instead of letting the faucet run. Shave the same way. An electric

razor also saves water.

Install a low-flow toilet. Low-flow toilets need only 1.6 gallons per flush, saving thousands of gallons per year. Unlike earlier models, low flow toilets available today receive high marks from consumers for overall performance.

Showerheads and faucet also can waste large volume of water and energy. By installing 2.5 gallons per minute showerheads and ~2 gallons per minute faucet aerators, you could save 3,000 gallons of water a year.

Given an average home has two toilets, one clothes washer, two shower heads and three faucets, retrofitting that home with efficient hardware could save 30,000 gallons of water a year, for an average savings of about \$250 in water costs and about \$42 a year in energy costs.

Check out the club
website: www.atlwc.org

Atlanta Woman's Club
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