

Atlanta Woman's Club

Edition #2

September 2006

Conservation Tips

• Ever wonder if buying “organic” is worth the extra money and effort?

Choosing organic food, cosmetics and other products seems healthier and more responsible... but organic products often cost 50-100% more than conventional. How can you be sure you're getting what you pay for?

Descriptions like “cage-free,” “free-range,” or even “natural” sound eco-friendly, but inconsistent labeling standards have allowed those words to become marketing terms, not an accurate guarantee of strict production standards.

To find out which brands and products are worth the premium price, check out online resources such as www.ewg.org, www.greenerchoices.org, www.eco-labels.org, and www.seafoodwatch.org. Each of these sites is maintained by nonprofit organizations that help keep consumers informed by researching and reporting on labeling issues.

• **Georgians consume 10% more water than the national average.** This is one high ranking we need to get rid of! Try these easy ways to decrease water use:

Check for leaks by shutting off all water fixtures and looking at the water meter; if it still indicates use, there is a leak. To check toilets, put food coloring into the tank: do not flush and wait 30 minutes. If water in the bowl changes color you have a leak.

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Conservation

CONSERVATION DEPARTMENT

Lisa Banes

Mary Maclean D. Asbill, Director of the Turner Environmental Law Clinic at Emory University School of Law, is the featured speaker at the September 11 meeting. Established in 1998 with a Turner Foundation grant, the Turner Environmental Law Clinic provides free legal assistance to individuals, community groups, and non-profit organizations that seek to protect and restore the natural environment for the benefit of the public, while also training law students to be effective environmental attorneys with high ethical standards and sensitivity to the natural environment.



The Georgia Senate has recently established a *Georgia Conservation Tax Credit* to reward landowners who choose to permanently protect their land from development. It works by giving a 25 percent state income tax credit to landowners who donate land to a qualified land trust, state or local government, or those who keep their land but voluntarily agree to give up development rights in exchange for the tax credit. The land being donated must meet a specific conservation purpose, like helping to keep water clean. Depending on the amount of land donated, landowners can receive a credit of up to \$250,000 for individuals and up to \$500,000 for corporations.

The Atlanta Botanical Garden's Niki in the Garden, the world's largest exhibition of internationally renowned artist Niki de Saint Phalle's outdoor sculptures, continues through October 31, Tuesday-Sunday, 9 a.m.-7 p.m., with extended hours on Thursdays until 9 p.m.

The Green Market at Piedmont Park continues through October, with Georgia-grown produce, baked goods, fresh flowers, herbs, cheeses and cooking demonstrations in a unique outdoor market setting. Saturdays from 9 a.m.-1 p.m. at the 12th Street Entrance.

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Fix leaky faucets. One drip a second wastes up to 2,000 gallons a year.

Take shorter showers. 1-2 minutes less can save 700 gallons a month. -

Switch to low-flow aerator showerheads and faucets to save 2.5 gallons per minute.

Install low-flush toilets or place a plastic bottle filled with water or pebbles in the tank of your existing toilet, saving an average family up to 300 gallons a month.

Turn off the tap while brushing teeth, shaving, or lathering hands to save 3 gallons a day.

Run the dishwasher only when it is full. To hand-wash dishes, fill the sink with water instead of running it to rinse plates and utensils. This saves 250-500 gallons a month.

Water lawns only when necessary. Follow the year-round state watering rules: even-numbered houses only on Mondays, Wednesday, and Saturdays; odd-numbered houses only on Tuesdays, Thursdays, and Sundays. No watering is allowed on Fridays.

Don't over-water. If your lawn needs water, walking across it will leave footprints. Watering only when needed saves 750-1,500 gallons a month. Watering plants and grass less often, but with a sufficient amount of water, helps them grow deeper, healthier roots.

Water early, before the sun gets hot and evaporates the water, to save up to 300 gallons a month. To water by hand, use a spray nozzle with a cut-off valve instead of letting the water run.

Use a broom or rake to clean off your driveway instead of a water hose.



We had three tables of bridge in August. Everyone had a good time. It is looking like we may have 4 tables soon.

Maxine

HOME LIFE

Judine Heard

PROTECT YOUR IDENTITY: Identity theft is a serious crime in which people are victimized daily. You can guard your identity by being proactive: Remember the three D's:

Deter identity thieves by safeguarding your information;
Detect suspicious activities by routinely monitoring your financial accounts and billing statements; and
Defend against ID theft as soon as you suspect a problem.

If you do become a victim, act fast. Clearing your name is a very time-consuming process. Contact your local police and file a report, alert all your financial institutions, creditors and credit report agencies. When calling the various companies, often it will have a fraud investigation department, ask to speak with it. An excellent source to guide you can be found at idtheftcenter.org, a non-profit program dedicated exclusively to identity theft. Its phone number is 858-694-7935. The Federal Trade Commission also has a website www.consumer.gov/idtheft with helpful tips.

SECOND VICE PRESIDENT and DEAN OF DEPARTMENTS

Betty Daniels

The Department Chairs, Susan Carter, Ruth Yurchuck and Betty Daniels met June 12th @ Clairmont Place. Duties of the Chairs and bylaws were reviewed. The AWC program responsibilities for 2006-2007 were established as follows:

Sept, 2006-----Conservation

Oct. International Affairs

Nov. GaFWC President, Kay Chadwick

Dec. Education

Jan. 3007 Public Affairs

Feb. Tallulah Falls School

Mar. Arts

April Membership Tea

May Home Life

June Education or Conservation.

Sept. is Literacy Month and Ovarian Cancer Awareness Month

On going collections for AWC Eyeglasses, Cell phones, Pop tops.

The Bylaws committee will be working on revision of the Club bylaws over the next few months. Please notify Ruth Yurchuck if you need a copy of the current bylaws. If you have suggestions for additions, clarifications, or deletions, please submit them in writing to a member of this working group: Barbara Culmer-Ilaw, Ellen Hicks, Pat Walsh, Bobbi Kraus, and Ruth Yurchuck.

Recognition doesn't have to be expensive. It does have to be sincere.

Did you do something special in GFWC or the community ? Any special Family news ? Let us know. It 's fine to toot your own horn. We will publish it in the next newsletter. Email: susancarter@bellsouth.net

Lucy Willard attended GFWC convention in Denver. Thanks for representing us there Miss Lucy.

Betty Daniels and her beauties (Department and Committee Chairladies) **ALL** attended Institute. Stephanie Saibu, Judine Heard, Lisa Banes, Pat Walsh, Hailey Sinclair, Lisa Bauer, Barbara Ilaw Culmer. Special committee chairs present were Ruth Yurchuck and Janie Sutler. Officers Susan Carter- President , Bobbi Kraus- Assistant Treasurer and Ellen Hicks- 1st Vice President were registered too. Other club members in attendance were past President Sarah Helen Killgore (2002-2004) and Myra Carmon - Chair of our Trustees. We had more in attendance than any other club in the state. (21% of our membership)

Marissa Monty has a new great job but will have to miss meetings due to the demands on her time. We all appreciate everything she has done for us. Best Wishes and she will be missed until her return.

REMEMBER!!!

September 11, 2006

Executive Board/Committee Meeting 10:00a.m.

General Luncheon Meeting – Ballroom- 11:00a.m.

From Your AWC President

I thought I should recap what your President was up to this summer. I have devoted more than 250 hours to various GFWC, GaFWC, District and AWC meetings, projects and telephone calls. It was invigorating and I am very excited to share it with you at our meeting on September 11, 2006.

I met with State, District and GFWC officers brushing up on my understanding of Federated work and my responsibilities as your President. I learned we are indeed fortunate to be a club admired for its members historical contributions to society. Today, many of you carry on this tradition by taking on leadership roles in various community and professional organizations. It is my hope that we continue to work together using this club and our diverse abilities to make admirable differences within our community.

I challenge each of you to think about projects that interest you. Share them with your Department Chairs. They are excited about the new directions we can go in and want your input. This is evident by their attendance in Athens.

Working together, I believe we will each share in the development of new projects and enhancement of old ones to make. We will make positive impacts on the lives of others. As a result, we too enrich our own lives during this process.

See you soon,
Susan (Susie) Carter

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