



Atlanta Woman's Club



Member, Georgia Federation of Women's Clubs (GaFWC)
General Federation of Women's Clubs (GFWC)

June 2011 Issue

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President's Message

June 2011

The May business meeting was the showcase for our Community Service Programs and Tallulah Falls School to present an overview of all the activities the Atlanta Woman's Club has been involved in over the past year, (May 2010-May 2011). We are very thankful for the time and effort the Community Service Program and Tallulah Falls School Chairs, including you, as members spent on these projects. Because of you, our Light was brilliantly shining *Silver* at the District and State meetings.

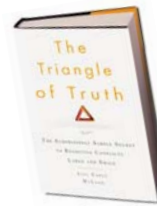
Moreover, we also installed Judine Heard and Donna Foland to the Board of Trustees and Page Henry to the position of Assistant Treasurer. Thanks to these ladies for their willingness to serve in these positions. The rich history of the AWC continues as members step up and volunteer their time and talents.

Speaking of history, we are close to the finalization of the publication of our book "*A Light On Peachtree: The History of the Atlanta Woman's Club.*" Learn more about this at the June meeting.

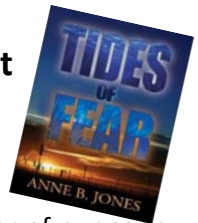
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"Book Signing & Meet the Authors" at our June Meeting!



Anne Jones, Ph.D. (AWC member & author of our soon-to-be published AWC history book) will be at our next meeting with her most recent book, *Tides of Fear*, as well as author Lisa Earle McLeod, with her latest book, *The Triangle of Truth*. Ms. McLeod will be our featured speaker at the June meeting. Details below.

Public Issues Community Service Program, By Lisa Banes, Chair



The speaker for the June 13 meeting is author and thought-leader Lisa Earle McLeod, whose latest book, *The Triangle of Truth*, was named a Washington Post Top 5 Business Book for Leaders. Lisa is recognized as a problem-solving expert. Her conflict resolution handbook was delivered to every member of the U.S. House and Senate. She is also a bottom-line-oriented business advisor - her firm, McLeod & More, Inc. has been featured in Fortune Magazine. Lisa is a leadership contributor for Forbes.com, a repeat guest on Good Morning America and hundreds of other radio and TV shows, a personal development expert (her first book, *Forget Perfect*, was featured in The New York Times and continues to sell a full decade after the original printing), and an inspirational humorist (her essay collection, *Finding Grace When You Can't Even Find Clean Underwear*, was featured on Oprah.com).

Author's Day: Both speaker Lisa Earle McLeod and AWC member Anne Jones will be selling and signing copies of their latest books at the June meeting. Please come prepared to stock your library! (con't on page 2).

Also at the June meeting the budget for 2011-2012 will be presented for approval. During the coming year we will be reviewing the budget on a quarterly basis so that any adjustments that are needed can be made in a timely manner.

The June meeting is our last meeting before our "summer hiatus" as we do not meet in July and August. Therefore, I look forward to seeing all of you at the June 13, 2011 meeting.

Karen Bacheller, President
Atlanta Woman's Club 2010-2012

June's List of Observances:

June 14	Flag Day
June 17	Father's Day
June 20	First Day of Summer

Miss Daisy's Piano Recital

AWC 3-time past president and Atlanta piano teacher extraordinaire, Daisy Luckey Aukerman presented a beautiful piano recital which included approximately 25 students on the evening of May 17. She performed a few duets with several of her students. The Wimbish House ballroom once again provided just the right venue for a splendid musical event for Daisy's Annual Spring Recital, where students played to a packed audience of proud parents, grandparents, family members, and friends.



Special Announcement

Ms. Jennifer Richardson will be providing special music at our June meeting. Jennifer's Wood & Wind Chamber Players have played for several of our Spring Teas, including our Tea in April.

Public Issues Community Service Program (Con't)



The Georgia Justice Project is seeking volunteers to help with its annual Back-2-School event to be held in late July (either the 16th or 23rd). This will be AWC's third consecutive year of supporting GJP and this event, and those of you who have volunteered previously will be happy to know that most of the events will be held indoors this year! In addition to volunteers, GJP is also soliciting donations of backpacks and/or financial contributions to be used to purchase backpacks and school supplies. Please let me know at lisa@nolossforwards.com if you are interested in helping with this fun event, and I will keep you posted on details as they are finalized.

BeltLine Update: Two more public parks around the Atlanta BeltLine have opened and a third is to be dedicated on Saturday, June 18. The new parks include:

- D. H. Stanton Park (opened May 14), 213 Haygood Avenue SE, 30315
- Historic Fourth Ward Skatepark (opened June 11), 830 Willoughby Way NE, 30312
- Historic Fourth Ward Park (dedication will be held on Saturday, June 18 and will feature games and events for all ages), 680 Dallas Street NE, 30308.

The Atlanta BeltLine provides a network of public parks, multi-use trails and transit along a historic 22-mile railroad corridor circling downtown and connecting 45 neighborhoods directly to each other. The BeltLine is the most comprehensive economic development effort ever undertaken in the City of Atlanta and among the largest, most wide-ranging urban redevelopment projects currently underway in the United States.

Arts Community Service Program

News, By Beth Jetha, Chair



Summer Arts Events Around Atlanta

The Artists' Market continues at VSA Arts of Georgia through June 24. This annual event showcases the diverse talents of artists around Atlanta and supports the

mission of VSA Arts by offering works of art for sale. This event is held at the Arts for All Gallery, located in the Healey Building at 57 Forsyth Street, NW, in downtown Atlanta. The Arts for All Gallery is open to the public Monday – Friday, from 10 am – 4 pm; and admission is always free. In addition, there will be a public reception on Thursday, June 2, 2011, from 5:00 - 8:00pm; which is part of First Thursday, Atlanta's first and original Downtown Arts Walk.

The High Museum of Art, in collaboration with New York Museum of Modern Art (MoMA), is presenting the exhibit, Modern By Design from June 4 through August 21, 2011. If you're a fan of modern design, be sure to check this out this summer.

Summer in Atlanta is not complete without music concerts and neighborhood festivals. Besides the usual offerings at Chastain Amphitheater, be sure to sample other music concerts in our city. A unique Persian classical and folk music concert on June 11 at the Pace Academy Fine Arts Center at 8 pm will feature Sima Bina and the Lian Ensemble. The Virginia Highlands Summerfest starts at 10 am on June 4th and features a 5K race, children's activities, live music, great food and original art on sale. The Midsummer Food & Music Festival will be held June 18 from noon until 11 pm in Candler Park. Don't miss the Piedmont Park Arts and Crafts Festival on August 20th. Besides food and live music, this festival will feature over 100 painters, photographers, sculptors, leather and metalwork, glass blowers, jewelers and crafters!

Arts CSP Activity Summary

For the fiscal year that ended April 30th, 2011, I am pleased to report that the Atlanta Woman's Club members contributed valuable time and money to Arts to our community.

Early this year, the Arts Community Service Program sponsored Elizabeth Labbe-Webb, Executive Director of VSA Arts of Georgia at the March meeting. We donated funds to support the work of this organization which brings arts programs to the disabled and low income individuals.

At Grady High School, the Atlanta Woman's Club members provided the funds to repair the theater

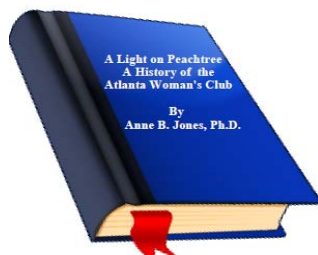
lights. In addition, two deserving Grady seniors each received \$500 scholarships. One recipient, Ms. Anisha Patel, is a fashion arts student who is described by Grady's fashion arts teacher, Mr. Martinez, as "an exceptionally sincere, hardworking, inspired" student. Mr. John Brandhorst, described the second scholarship recipient, Perrin Turner, as the most prolific and driven artist in his group this year. This talented senior also happens to be captain of the school's soccer team.

The Arts Community Service Program at the AWC will continue to collect watches to donate to the American Mural Project. Our goal is to collect enough watches to match the number of members in our club. We also continue to encourage all of our members to pursue artistic interests and bring their artwork to share with everyone at our meetings

REMINDER - WATCH COLLECTION:

Please continue to scour through your drawers and closets for watches to be donated to the GFWC's art piece for the American Mural Project. The watch collection continues through the end of the year. Please bring the watches to me at any meeting or call me if you want me to pick them up, 770 565 3410.





Coming Soon to your local Bookstores!!

Great News!!! AWC has signed the contract with Mercer University Press to publish our history, *A Light On Peachtree: A History of the Atlanta Woman's Club*, written by Anne B. Jones, Ph.D., with photographs by Arylic Mosher, with a hoped-for publication date of Spring 2012.

ESO Announcement from Cimi Douglass

While there seems to be a lot of talk about meeting book authors and publishing of our own AWC book in

this newsletter – I would like to remind everyone to enjoy your summer by relaxing with a stack of good books, including the featured books at our June meeting. Please keep a running list of all of the books you’ve read and send them to me by email or at our August meeting. I know many of you do most of your reading in the summer or spend time reading to your children or grandchildren during summer vacation – please jot them down and send them to me. Last year our club read 310 books and I’d like to see that number rise to 500 – that’s my goal. In order to receive “member” status in ESO, you need to read a minimum of 4 books in 4 different categories. Attached is a current ESO form and I will gladly bring more forms to our June meeting.

Please email me anytime at cimiwynnd@comcast.net. I’ll leave you with a simple quote that I tell my kids all the time.

“Today a reader, tomorrow a leader.” Margaret Fuller

Thanks!
Cimi Douglass

Home Life Community Service Program News

By Judine Heard, Chair

Genesis – A New Life.

Spend the morning assisting in the nursery on Tuesday, June 14, from 10:00 until Noon at Genesis, A New Life. Volunteers are asked to remove their shoes, so be sure to wear or bring socks with you. Remember to sign-in on the Atlanta Woman’s Club page. Genesis is located at 173 Boulevard, N.E., Atlanta, Georgia 30312. If this is your first time volunteering and have trouble finding it, call the main number 404-522-6056 for directions.



AJC Peachtree Road Race

The Atlanta Woman’s Club will have a water station in front of the Wimbish House on weekends during the month of June. Your help is needed to hand out water to runners who are practicing and running the route for the upcoming Peachtree Road Race.



We need you! Please help us distribute water during the month of June from 7:30 a.m. until 9:00 a.m. on the following days:

Water Station Schedule:

Saturday 06/04 and Sunday 06/05/11
Saturday 06/11 and Sunday 06/12/11
Saturday 06/18 and Sunday 06/19/11
Saturday 06/25 and Sunday 06/26/11

Feel free to bring family members, and call other club members and encourage them to join you. Call or email Judine (heardjudine@hotmail.com or 404-768-8376) if you can join her and be sure to give the dates you will volunteer. All activities will be outside, so you may want to bring a lawn chair with you.

Calling All Gardeners!!!

Each year the Atlanta Community Food Bank sponsors a campaign, which raises fresh produce for local shelters serving families in need. Participating is easy. Either plant an extra row of produce or donate any excess harvest from your garden to the ACFB. Take your fresh picked produce to one of ACFB’s designated drop-off sites. Do not process the food and do not bring produce to The Atlanta Woman’s Club. For a list of drop sites view its site at the following link:

http://www.acfb.org/projects/community_garden/plant_a_row/

Please remember to keep track of the number of hours you worked toward this project and send to Judine at heardjudine@hotmail.com.



Conservation Community Service Program News

By Connie Routh, Chair

Native & heirloom flowers and herbs

The Conservation Committee project to landscape the grounds around TFS’ log cabin being restored will begin in the fall. Please think about sharing heirloom flowers and herbs that you might already have in your garden. We plan to collect the perennial flowers and herbs at the AWC September and October meetings. When friends, family, and neighbors share from their garden it adds a



special warmth, touch, and feeling to the garden that you do not get when purchasing from a retail center.

Locally Grown Produce/Neighborhood Farmer's Markets

We have discussed the benefits of eating locally grown produce, but I believe it is worth reviewing. Buying locally grown food is not only good for the environment and the economy, it's also great for your health. The key word in describing the health benefit of locally grown is "fresh." Fresher produce means better and more nutritious. How? Fruits and vegetables begin to lose their optimal nutritional value as soon as they are picked. When picked, vitamins such as C, E, A, and some B vitamins begin to deteriorate and thus decrease. Other factors such as the exposure to air, artificial lights, and temperature changes can also contribute to the decrease in nutritional value. Local farms can allow their fruits and vegetables to ripen longer or even fully ripen, our taste buds can definitely tell the difference. Below are several links to local markets:

11Alive's Top 10 Farmer's markets:

<http://www.11alive.com/news/article/187640/460/Top-10-Farmers-Markets-in-Metro-Atlanta->

Atlanta Magazine's list of local markets:

<http://www.atlantamagazine.com/coverreddish/localfoods/blogentry.aspx?BlogEntryID=10224446>

Article in Atlanta Intown:

<http://atlantaintownpaper.com/features/LocalMarketsCOVER.php>

List of markets that carry fresh gluten-free bread & pastry items:

<http://www.examiner.com/gluten-free-food-in-atlanta/gluten-free-finds-at-local-farmers-markets>

Water Conservation Facts

- Most people in North America use 50 to 70 gallons of water indoors each day and about the same amount outdoors, depending on the season.
- Indoors, 3/4 of all water is used in the bathroom
- In the average home, the toilet accounts for 28% of water use.
- Running a sprinkler for two hours can use up to 500 gallons.

- As much as 150 gallons of water can be saved when washing a car by turning the hose off between rinses.

Article with backyard conservation tips from NRCS/Natural Resources Conservation Services website: <http://www.nrcs.usda.gov/feature/backyard/watercon.html>

Tallulah Falls School News

By Lucy Willard, Tallulah Falls School Committee Chair



If you filed an extension to file your taxes – Remember that you can receive \$1000 Off Your Georgia Taxes - Give \$1000 to Tallulah Falls School

The Georgia Qualified Education Expense (QEE) tax credit program allows you to redirect some of your Ga. income tax dollars to Tallulah Falls School. Benefits include the following: dollar-for-dollar credit on your Ga. taxes; a federal income tax deduction; and points toward credit card rewards programs.

QEE is available to A) individuals (contributions up to \$1000); B) married couples filing jointly (up to \$2500); "S" corporations & LLC or LLP members (limited to individual tax credit limitations); and "C" corporations (up to 75% of the company's Ga. income tax liability). The credit is limited to the first \$50 million each calendar year, usually reached by mid-fall. TFS partners with the Georgia GOAL Scholarship Program to process these credits with the Ga. Dept. of Revenue.

Miss Daisy's Recital Photos



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